Native Plants for Northern Virginia



Plant Northern Virginia Natives!



This guide showcases the attractive variety of plants native to Northern Virginia. Native plant species have evolved within specific regions and been dispersed throughout their range without known human involvement. These plants form the primary structure of the living landscape and provide food and shelter for native animal species.

Although this guide is not comprehensive, the Northern Virginia native plants featured here were selected because they are attractive, relatively easy to find, easy to maintain, and offer many benefits to wildlife and the environment.

This guide is published by the Plant NoVA Natives Campaign. The goal of the campaign is to promote the use of these plants in the urban and suburban landscapes of Northern Virginia for their many social, cultural, and economic benefits, and to increase the availability of Northern Virginia native plants in retail nurseries throughout the region. The following partners provided invaluable assistance in developing this guide (see campaign website for a list of all campaign partners):

Audubon Society of Northern Virginia

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Why Northern Virginia Natives Are the Best Choice



Loss of native vegetation and fragmentation of the natural landscape in Northern Virginia have had a significant impact on the ecological integrity of the region. As a result, wildlife habitat, water quality, air quality, and the histori natural character of the landscape have suffered.

Property owners and land managers can make a profound difference in the ecological sustainability of our region by choosing to plant species that are native to Northern Virginia rather than species that are not native to this area.

Whether you are a residential gardener, professional landscaper, or a grounds manager there are many Northern Virginia native plants from which to choose!

Most of the plants featured in this guide are nursery propagated and can be found for sale at some local retail establishments. With increasing demand for natives as more and more gardeners discover their benefits, retailers are offering an ever-widening selection.

Northern Virginia native plants are beautiful. They have appealing foliage, flowers, and berries that can make your landscape unique, attractive, and welcoming, not only for people, but also for local wildlife.

Northern Virginia native plants are easy to maintain and save time and money. Naturally adapted to our local soils and climate, the native plants in this guide require less fertilizer, water, and pesticides, and help reduce the load of chemicals introduced into our environment.

Northern Virginia native plants support wildlife. Birds and butterflies depend on native plants for food, shelter, and reproduction. Your garden can provide habitat and become a sanctuary for these animals. If your neighbors also plant natives, your community will help create the green corridors, or natural pathways, and the food that birds, butterflies, and other wildlife need to sustain themselves as they move across the landscape.

Northern Virginia native plants are beautiful, resilient, and attract the pollinators so critical to our local ecosystems!

Learn more about the Plant NoVA Natives Campaign: www.plantnovanatives.org

Cover Photos (center): Lonicera sempervirens – Coral Honeysuckle, Dot Field/Virginia Department of Conservation and Recreation, Natural Heritage; (inset images top to bottom) Kalmia latifolia – Mountain Laurel, Margaret Chatham/Virginia Native Plant Society; Fragaria virginiana – Wild Strawberry, Sue Dingwell/Virginia Native Plant Society; Euonymus americanus – Strawberry-bush, Laura Beaty/VNPS; Claytonia virginica – Spring Beauty, Judy Gallagher; Mertensia virginica – Virginia Bluebell, Laura Beaty/Virginia Native Plant Society.

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Key to Perennial (Forb), Grass, Fern, Vine, Shrub, and Tree Sections

Latin name per / Flora of Virginia

common name(s) per ✓ Flora of Virginia

Asclepias tuberosa . Butterfly Weed



As its common name suggests, Butterfly Weed attracts butterflies, and is a larval host and nectar source for the Monarch Butterfly (Danaus plexippus). Tolerates drought.

> renvironmental, aesthetic, and economic benefits

interesting fact(s) about genus and/or species

- 1-2 feet / flower/berry color, bloom time
- Yellow-orange to bright orange in May-Sept
- Full sun to part shade ← light requirement
- Moist or dry, well-drained sand, loam, clay, or limestone (tolerates drought)
- Naturally found in dry/rocky open soil/moisture woods, glades, fields and requirements roadsides

natural habitat

Easily grown from seed, but is somewhat slow to establish and may take 2-3 years to produce flowers. Mature plants may freely self-seed in the landscape if seed pods are not removed prior to splitting open. Butterfly Weed does not transplant well due to its deep taproot and is probably best left undisturbed once established. Although it is sometimes called Orange Milkweed, this species has no milky sap.

A selection of the many beautiful, resilient, and beneficial plants native to Northern Virginia is highlighted, beginning on page 6, including a photo and details on each plant's characteristics and requirements. A more comprehensive index of plant species may be found on page 39. Plants were included only if currently documented in our area by the Digital Atlas of the Virginia Flora, hence the guide may not include plants commonly sold in the trade as "native."

Plants are listed alphabetically by scientific name and grouped in the following categories:

Forbs are small non-woody (herbaceous) flowering plants with showy flowers, generally pollinated by insects. Typically, these plants are labeled as "perennials" at your garden center, so the guide refers to them as "Perennials (Forbs)."

Grasses, sedges, and rushes have upright straplike leaves and small non-showy flowers.

Ferns reproduce using spores rather than flowers.

Vines can be woody or non-woody and do not support themselves.

Shrubs are small woody plants.

Trees are large woody plants.

The comprehensive index includes some plants that are actually reseeding annuals. Some perennials are short-lived and also depend upon reseeding.

Key to Terms & Symbols

Light requirement:



Full sun: 6 or more hrs sun



Part sun/shade: 2 to 6 hrs sun



Full shade: 2 hrs or less sun

Soil moisture:



Dry: no signs of moisture



Moist: looks & feels damp



Wet: saturated

Northern Virginia jurisdictions of Alexandria, Arlington, Fairfax, Falls Church, Loudoun and Prince William range from USDA Plant Hardiness Zones 6b to 8b. All plants in this guide are suitable for this range of climatic conditions.

Wildlife supported by plant:



Food source for birds, including hummingbirds (berries, nectar or insects resident on plant)



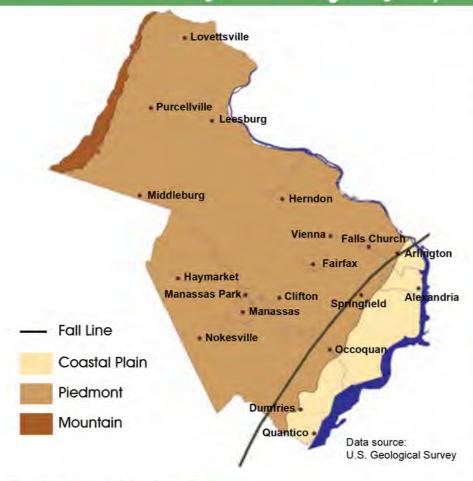
Nectar source for pollinators - butterflies, moths, bats, bees or other insects



Larval host for butterflies or moths (larva are newly hatched forms of insects before they undergo metamorphosis)

Note: Light and moisture requirements, and habitat values, provided for the species highlighted in this guide are based on partner research and experience with the plants.

Northern Virginia Physiographic Regions & Natural Communities



The Northern Virginia Region

Elevations in Northern Virginia vary from nearly sea level along the Potomac River to almost 2,000 feet in the Blue Ridge Mountains of western Loudoun County. The abrupt change in elevation from the rolling hills of the Piedmont to the flat Coastal Plain is marked by falls or rapids in streams and rivers. This geographic feature is called the Fall Line.

Plant Distributions

Native plant species evolved within specific regions and dispersed throughout their ranges without known human involvement. Over time they have adapted to the unique soils, climate, ecological relationships and interactions with other

plants and animals in their region. They are distributed across the landscape based on a number of conditions – temperature, rainfall, soil fertility, soil moisture, drainage, and amount of light, among others.

Although terms like physiologic region or hardiness zone can describe general conditions across a large area, the local conditions in your yard will determine what will best grow there.

Northern Virginia Natural Plant Communities

Two among the common natural plant communities of the NOVA region are Basic Mesic Forests and Acidic Oak-Hickory Forests. These may provide a blueprint for selecting plants likely to do well in your yard depending on your soil and moisture conditions.

Basic Mesic Forest



Adiantum pedatum, Laura Beaty/VNPS; Fagus grandifolia, Gary Fleming/DCRNH; Tiarella cordifolia, Gary Fleming/DCRNH; Asarum canadense, Judy Gallagher

These communities grow in fertile and moderately moist soils. Dominant trees include American Beech (Fagus grandifolia), and Bitternut Hickory (Carya cordiformis), while ground layer forbs include Common Black Cohosh (Actaea racemosa), Common Jack-in-the-pulpit (Arisaema triphyllum), Common Wild Ginger (Asarum canadense), Dutchman's Breeches (Dicentra cucullaria), Heart-leaved Foamflower (Tiarella cordifolia) and Northern Maidenhair Fem (Adiantum pedatum).

Acidic Oak-Hickory Forest



Quercus alba, Jim McGlone; Coreopsis verticillata; Penstemon digitalis, Laura Beaty; Parathelypteris noveboracensis, Helen Hamilton

Soil conditions in these communities are less fertile and drier. Dominant trees include White Oak (*Quercus alba*), Southern Red Oak (*Quercus falcata*). Flowering Dogwood (*Cornus florida*), Witch Hazel (*Hamamelis virginiana* var. *virginiana*), and Eastern Redbud (*Cercis canadensis*). Maple-leaved Viburnum (*Viburnum acerifolium*), and forbs such as Whorled Coreopsis (*Coreopsis verticillata*), Partridge-berry (*Mitchella repens*), Tall White Beardtongue (*Penstemon digitalis*), Solomon's-seal (*Polygonatum biflorum*), New York Fern (*Parathelypteris noveboracensis*) and Pennsylvania Sedge (*Carex pensylvanica*) are often found here.



How to Get Started in Using Northern Virginia Natives



Taking Inspiration from Nature

Prior to settlement by Europeans, Northern Virginia was dominated by forests and occasional, more open meadows, all with a rich array of plant communities adapted to diverse geological, moisture, and soil conditions. As visible in our state and regional natural areas, parks, and forests, these natural plant communities consist of layers of vegetation that sustain soil health, offer food and shelter to wildlife, moderate temperatures, and provide tranquility to visitors.

- The tree canopy is the foundational component of native forest communities with majestic trees soaring up to 100 feet. Oak and hickory species are often dominant.
- Understory trees and shrubs fill in under these trees and can include smaller trees such as Eastern Redbud (*Cercis canadensis*), Flowering Dogwood (*Cornus florida*), and Downy Serviceberry (*Amelanchier arborea*), and shrubs such as Maple-leaved Viburnum (*Viburnum acerifolium*) and Wild Azalea (*Rhododendron periclymenoides*).
- Ground layers of forbs, ferns, and grasses provide dense coverage to
 protect the soil in multiple layers, and vary considerably depending on local
 conditions. Grasses and forbs also make up the dense communities of
 meadows and open woodlands.

Taking your inspiration from nature, you can recreate a bit of these diverse communities within your own yard, layering trees (canopy trees if you have room), shrubs, and mixes of forbs (perennials), ferns, and grasses. Or you can

create a native plant meadow with a mix of forbs and grasses. Selections of plants with similar soil, moisture, and light requirements will reproduce the self-sustaining benefits found in nature for a beautiful, easy-to-care-for landscape.

Tips for Getting Started

Incorporating natives into your garden can be achieved gradually as you work to maintain and improve your yard for yourself and local wildlife. Here are some ideas:

- Plant lots of woodies canopy trees if possible, understory trees, and a lively shrub layer. These provide structure to your landscape and habitat for wildlife. Different birds nest at different heights.
- Fill in around these trees and shrubs with native perennials and grasses as a living mulch for the ground layer.
- Such commonly used ornamentals as Asiatic azaleas, hollies, and cherry trees have native counterparts; consider using them instead.
- Mass plants. Plant densely to attract birds and butterflies, and to reduce runoff along any streams near your property.
- Install a swale or a rain garden to slow stormwater runoff and allow the water to be absorbed by your ground.
- In a hot sunny location, create a mini meadow dominated by native grasses, adding accent and color with flowering perennials.
- If located near a park or natural area, consider how to connect your property and expand that natural area.
- Let nature work for you, take advantage of common plants such as the Common Violet that are already on your property.
- Find sellers of native plants on www.plantnovanatives.org.

Mobile App Northern Virginia Native Plant Search

A mobile-adapted plant search function can be found on the Plant Northern Virginia Natives campaign website for those times when you are shopping for plants and don't have this guide with you.

You can search by plant name, by wildlife value, and by and sun, moisture, and soil requirements. Deer resistance information is included when available, as well as gardening tips, pH, and physiographic region of origin.

www.plantnovanatives.org

Aquilegia canadensis • Wild or Eastern Red Columbine



Stunning flower. Attracts hummingbirds, bees, butterflies, and hawk moths. Larval host to Columbine Duskywing.

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- 1-3 feet
- Nodding, red and yellow bell-like flower with upward spurred petals in April– May, occasionally June
- Sun to part shade
- Sandy, well-drained soils, medium loam, sandy loam rocky outcrops
- Naturally found in dry rocky woodlands to moist, well-drained forests

Short-lived plant, but readily selfsows. Backward-pointed tubes, or spurs, of the flower contain nectar that attracts long-tongued insects and hummingbirds especially adapted for reaching the sweet secretion.

Arisaema triphyllum • Common Jack-in-the-pulpit



Excellent woods-garden plant. Very easy to cultivate in variety of conditions.

- * * 6 6 /
- 1-3 feet
- Large, cylindrical, hooded flower, green in color with brown stripes in April; in late summer, a cluster of bright red berries appears
- Part shade to full shade
- Moist to wet soils
- Naturally found in humus-rich woods, bottomland forests

Grows most vigorously in moist, shady, seasonally wet locations.

Aruncus dioicus • Goatsbeard (Eastern Goat's-beard)



Attracts butterflies. Larval host to Dusky Azure (*Celastrina nigra*) butterfly.



- 3–6 feet
- Large, feathery clusters of small, white flowers in May–June
- Part sun to shade—subject to sun scald when not moist enough
- Moist to wet soils; tolerates seasonal
- flooding Naturally found in rich woods, ravines, wooded roadsides, clearings

Needs space; good for large-scale displays massed in a drift down a slope. Aruncus, from the Greek aryngos (goat's beard), refers to the showy, finger-like flower clusters, which form feathery masses of all male or all female flowers. Male plants have showier flowers.

Asarum canadense • Common Wild Ginger



Larval host of the Pipeline Swallowtail (*Battus philenor*) butterfly.



- 4–8 inches
- Reddish to greenish brown flower at ground level beneath leaves in April— May
- Part shade to full shade
- Moist, rich soils
- Naturally found in woodlands

Can create a dense, Semi-evergreen, ground cover on the woodland floor. Seed dispersed by ants.



Asclepias incarnata . Swamp Milkweed



Swamp Milkweed's showy flower clusters attract butterflies and hummingbirds. It is an important food source for the Monarch caterpillar (*Dangus plexippus*).

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- 2–5 feet
- Pink, purple flowers in May–August
- Full sun to part shade
- Moist to wet, rich soils
- Naturally found in Wet freshwater areas such as meadow, field, riparian area, swamp, marsh

Good plant for wetland gardens.
The genus was named in honor of
Aesculapius, Greek god of medicine,
because some species have long been
used to treat a variety of ailments.

Asclepias tuberosa • Butterfly Weed



As its common name suggests, Butterfly Weed attracts butterflies, and is a larval host and nectar source for the Monarch Butterfly (*Danaus plexippus*). Tolerates drought.



- 1-2 feet
- Yellow-orange to bright orange in May— September
- Full sun to part sun
- Moist or dry, well-drained sandy soils
- Naturally found in dry/rocky open woods, glades, fields and roadsides

Easily grown from seed, but may take 2-3 years to produce flowers. Mature plants may freely self-seed in the landscape if seed pods are not removed prior to splitting open. Does not transplant well due to its deep taproot and is probably best left undisturbed once established. Although it is sometimes called Orange Milkweed, this species has no milky sap.

Baptisia australis • Blue Wild Indigo



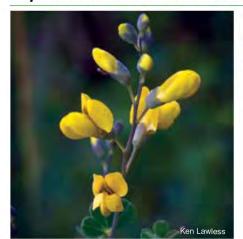
Special value to bumble bees and other native bees.



- Up to 5 feet
- Blue-purple and pea-like in April—May
- Full sun to part shade
- Moist, usually sandy acidic soil
- Naturally found in dry to moist open woods, streambanks, floodplains

Like other members of the pea family, microorganisms that inhabit nodules on the plant's root system produce nitrogen compounds necessary for the plant's survival.

Baptisia tinctoria • Yellow Wild Indigo



A larval host for the rare Frosted Elfin (*Callophrys irus*) and Wild Indigo Duskywing (*Erynnis baptisiae*) butterflies.



- 1-3 feet
- Yellow pea-like; May–July
- Full sun
- Dry, loam, sandy, acidic soils
- Naturally found in dry open woods and clearings

The genus name, from the Greek baptizein (to dye), refers to the fact that some species are used as an inferior substitute for true indigo dye.



Chelone glabra • White Turtlehead



Nectar source for butterflies and humminbirds.

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- 2-4 feet
- White, pink in August-October
- Full sun to full shade
- Light, rich, wet to moist soils
- Naturally found in brushy marshes, stream banks, wet ditches, low meadows, woodlands

The distinctive shape of this flower is reflected in the genus name, derived from the Greek chelone (tortoise). The related Chelone obliqua (often sold as C. lyonii) has pink inflorescences.

Claytonia virginica • Spring Beauty, Virginia Spring Beauty



This most attractive spring perennial is spectacular in large patches. It spreads by seed.

- * * 6 3
- 4–8 inches
- Pink or whitish flowers, striped with dark pink, in loose clusters in March— May
- Part to full shade
- Rich, moist soils; prefers high humus
- Naturally found in rich woods, thickets

Plant disappears from above ground shortly after the seed capsules have ripened, but does not leave a large gap in the garden. It grows from an underground tuber like a small potato; this has a sweet, chestnut-like flavor. Native Americans and colonists used them for food.

Coreopsis verticillata • Whorled or Threadleaf Coreopsis



Attracts butterflies. Birds eat seeds. Drought tolerant.



- 6 inches-3.5 feet
- Yellow in May–August
- Full sun to part sun
- Dry, well-drained primarily acidic soils
- Naturally found in dry, open woods

This very popular garden plant since the 19th century has delicate, dark-green leaves divided into thread-like segments and showy, long-blooming flower heads with yellow centers. Provide a sunny, well-drained site and you'll be rewarded with hardy, long-lived, long-blooming plants that are also drought-tolerant. This plant spreads by rhizomes.

Dicentra eximia • Wild Bleeding Heart



Attracts birds and bees.

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- 1–2 feet
- Deep pink, drooping heart-shaped flowers in April–June, some flowers through the summer
- Part shade to full shade
- Rich, moist soils
- Naturally found in rocky woods and cliffs, rich woods

Naturalizes by reseeding when happy. Dislikes wet soils in winter and dry soils in summer.



Eurybia divaricata • White Wood Aster



Attracts butterflies. Lovely in masses.

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- 6 inches-3.5 feet
- August-October
- Full or dappled shade
- Moist, loam, sandy, acidic soils; good drainage essential
- Naturally found in moist to dry woods

The delicate, airy clouds of white wood aster are a must-have for every fall garden. This lovely aster is among the first to bloom in late summer. Small, white, daisy-like flowers with yellow centers that fade to red are borne atop dark green to black stems. A vigorous grower it is a favorite for attracting wildlife.

Eutrochium fistulosum • Hollow Joe-pye-weed



Attracts birds and numerous pollinators. Special value to native bees.

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- 2-8 feet
- Tiny, pale pinkish-lavender florets in July–September
- Full sun to part shade
- Moist to wet well-drained, humus-rich, sandy & clay soils
- Naturally found in alluvial woods and meadows, bogs, marshes, stream banks

Joe Pye weed has outstanding ornamental attributes. It is a substantial plant that needs space, but when planted in groups or massed can provide spectacular flowering and architectural height.

Fragaria virginiana • Wild Strawberry



Attracts butterflies, larval host to Gray Hairstreak. Special value to native bees.

** 66-16

- Up to 1 foot
- Loose cluster of small, white, fivepetaled flowers followed by tasty, wild strawberries in April–June
- Full sun to part shade
- Dry soils
- Naturally found in woodlands, clearings, meadows

Cultivated strawberries are hybrids developed from this native species and the South American one. Not to be confused with Duchesnea indica - yellow-flowered groundcover. Supports Conservation Biological Control, meaning a plant that attracts predatory or parasitoid insects that prey upon pest insects.

Geranium maculatum • Wild Geranium, Spotted Geranium



Attracts birds. Special value to bumble bees and other native bees.



- 8–28 inches
- Lavender flowers are in loose clusters of 2–5 in April–June
- Full sun to part shade
- Moderate, highly acidic to calcium-rich soils
- Naturally found in upland and floodplain forests

Unlike most other spring bloomers, Wild Geranium retains its attractive foliage all season long. Genus name comes from the Greek word geranos meaning crane in reference to the fruit that purportedly resembles the head and beak of a crane. Needs moisture if sited in full sun.



Helianthus angustifolius • Narrow-leaved Sunflower



Attracts birds and native bees.

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- 3-6 feet
- Yellow in September–October
- Full sun to part shade
- Moist to wet soils
- Naturally found in bogs, ditches, clearings

Narrowest-leaved sunflower.

Helianthus tuberosus • Jerusalem Artichoke



Good for native bees, and also provides cover and seeds for other animals.

- * * 6 6 * /
- 3-6 feet
- Yellow flowers, August-October
- Full sun to part shade
- Moist to drying soil
- Naturally found in roadsides, woodland edges, thickets

Can be an aggressive spreader.

Heuchera americana • American Alumroot



Attracts small bees.



- Leaves up to 6 inches; flowering stems 1–2 feet
- Leafless, hairy, sticky flower stalk rises 18–36 inches and surrounds its upper third with loosely grouped, minute, greenish, cup-shaped flowers in April–June
- Part shade to full shade
- Dry to moist soils
- Naturally found in rocky woodlands and outcrops of various geologic formations; tolerant of a range of rock types and chemistries

This species has interesting foliage. It is a good rock garden plant and a good groundcover in shady gardens. It also grows well in pots. Deer resistant.

Hibiscus moscheutos • Swamp or Eastern Rose-mallow



Strikingly showy species. Nectar source for hummingbirds.



- 3-6 feet
- Creamy-white flowers in July– September
- Full sun to part shade
- Wet or moist soils
- Naturally found in swampy forests, meadows, freshwater marsh edges

Clumps of hibiscus start to grow late in the season and flower over a long period in late summer.



Iris cristata • Dwarf Crested Iris



Lovely woodland cover that attracts bees and hummingbirds.

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- 4–16 inches
- Blue-violet or less often white flower in April–May
- Part shade to full shade
- Dry to moist, rocky, acidic and basic soils
- Naturally found in woodlands, sometimes in mountain hollows and ravines

Colonizes by rhizomes. You can separate plants as desired.

Lilium superbum • Turk's-cap Lily



Largest and most spectacular of the native lilies of our region; up to 40 flowers have been recorded on a single plant.



- 4–8 feet
- Red, orange, yellow in July–September
- Full sun
- Moist, loam, sand, acidic soils; good drainage essential
- Naturally found in meadows, swamps, wood's edge

The recurved sepals and petals, which presumably resemble a type of cap worn by early Turks, and the showy extruded stamens are distinctive features. Indians used the bulbs for soup.

Liatris



A genus in the Aster family that belies the notion that straight native plants can't compete with cultivars or non-natives for showiness or beauty. All of these plants produce a large spike of lilac flowers that are a stunning garden accent or can be cut and grouped as a centerpiece. Not only are they beautiful, but they are important nectar plants for hummingbirds and butterflies, and are especially good for native bees.

Though generally thought of as a midwestern prairie plant, the species below are native to Northern Virginia.

Liatris pilosa Liatris scariosa Liatris spicata Liatris squarrosa Grass-leaf Blazing Star, Grass-leaf Gayfeather Large Blazing Star, Eastern Blazing Star Dense Blazing Star, Gayfeather, Blazing Star Scaly Blazing Star, Plains Blazing Star



Lobelia cardinalis . Cardinal Flower



Valued for its ornamental blooms and color. Attracts birds. Depends on hummingbirds, which feed on the nectar, for pollination.

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- 1-4 feet
- Red in July-October
- Full sun to full shade
- Moist to wet, humus-rich, sandy & clay soils
- Naturally found in low areas, woodlands edge, stream banks, roadsides, meadows

Short-lived perennial that self sows. The common name of this flower alludes to the bright red robes worn by Roman Catholic cardinals.

Lobelia siphilitica • Great Blue Lobelia



Attracts birds and hummingbirds.

Special value to bumble bees and other native bees.

- * * 6 6 * 1
- 1.5 4 feet
- Lavender-blue, tubular flowers crowded together on the upper stem from July– October
- Full sun to part shade
- Moist to wet clay, loam or sandy soils
- Naturally found in moist woodlands, meadows, swamps

This blue counterpart of the Cardinal Flower (Lobelia cardinalis) is a most desirable plant for woodland gardens, especially as it blooms bright blue in late summer. This species is not drought tolerant. Supports Conservation Biological Control, meaning it is a plant that attracts predatory or parasitoid insects that prey upon pest insects.

Maianthemum racemosum • Eastern Solomon's-plume, False Solomon's-seal



Birds are attracted to the berries, which last through late summer and into the fall.



- 1-3 feet
- Tiny white flowers at tip of stem (a 1–4 inch plume or panicles) March–June, followed by bright red berries
- Part shade to full shade
- Well-drained, medium to moist, slightly acidic soil
- Naturally found in deciduous woods, shaded banks and ditches

A typical woodland plant in much of NoVA and beautiful choice for home landscaping in lightly shaded settings. It spreads by rhizomes but not aggressively enough to ever be invasive. Multiple arching stems, 1–3 feet long, grow from a single parent plant, making it a good option for a taller ground cover.

Mertensia virginica • Virginia Bluebell, Virginia Cowslip



Pollinated by long-tongued bees, but supports many other early pollinators.



- 8–28 inches
- Lavender-blue, bell-shaped in March— May
- Well-drained moist soils
- Part shade to full shade
- Naturally found in floodplains, slope forests

This species is ephemeral, which means that its foliage dies back in summer. Interplant with other perennials. Reseeds freely. When it grows in masses, this species makes a spectacular show.



Mitchella repens • Partridge-berry



Berries are consumed by a variety of birds and mammals. Use as groundcover under acid-loving shrubs.

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- 1–4 inches, creeping
- Pinkish-white, tiny trumpet in May– July; red berry in July–December
- Part shade to full shade
- Dry or moist, humus-rich, sandy or loamy, acidic soils
- Naturally found in woods; stream banks; sandy slopes

All parts of this plant are dainty. Native American women drank a tea made from the leaves as an aid in childbirth.

Monarda didyma • Scarlet Beebalm, Oswego Tea



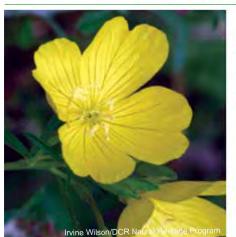
Attracts hummingbirds, butterflies.
Special value to bumble bees and other native bees.

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- 2–4 feet
- Scarlet-red, tube-shaped, tightly clustered flowers in July—September
- Full sun to part shade
- Moist to periodically wet, acid soils
- Naturally found in creek banks, meadows, floodplains, woods

Linnaeus named the genus Monarda in honor of a 16th century Spanish physician and botanist, Nicolas Bautista Monardes (1493-1588). Monardes never traveled to the Americas but was able to study medicinal plants of the New World brought back by Spanish explorers.

Oenothera fruticosa • Narrow-leaf Sundrops, Southern Sundrops



Attracts birds and hummingbirds.



- 1–3 feet
- Golden-yellow in May–September
- Full sun
- Moist, well-drained soils
- Naturally found in woods, roadsides, meadows

This plant spreads rapidly under favorable conditions, but does not usually become aggressive.

Opuntia humifusa • Eastern Prickly-pear



Attracts pollinating bees. A striking plant with beautiful, showy flowers.



- 1-2.5 feet, evergreen with 1–3 levels of flattened pads, each up to 10 ins long, 7 ins across, and 1.5 in. thick
- Yellow buds, one or more, can form on top of pad and each produces a single satiny-yellow flower about 3–4 inches across followed by a pear-like fruit in late spring to mid-summer
- Full sun
- Dry, sandy soil
- Naturally found in rock outcrops The blooming period of this plant occurs from late spring to mid-summer and lasts about a month for a colony of plants, although each flower lasts only a single day. It is faster and easier to start new plants using pads rather than seeds.



Packera aurea • Golden Ragwort, Heartleaf Ragwort



Attracts butterflies and bees.

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- 1–3 feet
- Golden-yellow, daisy-like in March— May
- Full sun to full shade
- Dry or moist, loam, sandy, rich acidic soils
- Naturally found in floodplain forests

Fragrant, evergreen groundcover, energetic spreader. Toxic to humans—do not consume.

Peltandra virginica • Arrow Arum, Tuckahoe



The berries of arrow arum attract wood ducks and king rails.

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- 2-3 feet
- Yellow spadix surrounded by a greenish-white spathe occurring atop a statuesque stalk; large green berries follow: April–June
- Full sun to part shade
- Mud
- Naturally found in common in and along shallow waterways

The genus name derives from the Greek pelte (small shield) and aner (stamen), referring to the shieldlike contour of stamens. The common name, Arrow Arum, derives from the pronounced leaf shape, while the name Tuckahoe is derived from the Algonquin name for the plant.

Penstemon digitalis • Beardtongue, Tall or White Foxglove



Attracts hummingbirds. Special value to bumble bees and other native bees.



- 1.5–4 feet
- Showy white tubular flowers in May– lune
- Full sun to light shade
- Medium, loamy soils
- Naturally found in wood margins, fields and other open, disturbed habitats

Relatively long bloom period on a wellbehaved plant with handsome shiny leaves. Reseeds. Tolerates deer and drought.

Phlox divaricata • Wild Blue Phlox, Woodland Phlox



Attracts hummingbirds, long-tongued bees and butterflies.



- 5-18 inches
- Fragrant, lavender or pink flowers in April–May
- Filtered sunlight to light shade
- Rich, sandy or rocky, well-drained soils
- Naturally found in floodplain forests to open woods

Often fragrant. Not rabbit or deer resistant. Divaricata refers to its sprawling habit.



Podophyllum peltatum • Mayapple



Cross-pollinated by bees. New colonies started by box turtles, which consume the yellow fruit and thereby spread the seed.

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- 8 inches–1.5 feet
- Solitary, nodding, white to rose-colored flower; 6–9 waxy white petals in March–May; followed by large, fleshy, lemon-shaped berry
- Part shade to full shade
- Moist to dry, humus-rich soils
- Naturally found in deciduous woods, shaded banks and various moist disturbed habitats

Spreads by roots. This species in ephemeral, which means that its foliage dies back in summer. All parts contain toxins, some of which have medicinal applications.

Pycnanthemum tenuifolium • Narrow-leaf Mountain-mint



Attracts bees, birds, butterflies. Special value to bumble bees and other native bees, honey bees.

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- 1-4 feet
- Whitish to lavender, with purple spots in June–September
- Sun to light shade
- Wet to dry soils
- Naturally found in meadows, fields, roadsides, riverside outcrops

Silvery foliage and long blooming period. Rub leaves on skin to repel mosquitoes. Supports Conservation Biological Control, meaning it is a plant that attracts predatory or parasitoid insects that prey upon pest insects.

Rudbeckia



Shown: Rudbeckia fulgida, Orange Coneflower. The seedheads of Rubeckia spp. are a favorite food source for goldfinches and chickadees.



Rudbeckia species, including Black-eyed Susan, Brown-eyed Susan, Green-headed Coneflower, and Orange Coneflower, are easy to grow and low maintenance plants that are tolerant of most soils. They occur in fields, meadows, and roadsides. Some are shorter lived, but all re-seed and establish clumps.

- 1.5-4 feet
- Yellow rays around a dry, woody "cone" in July–September
- Full sun to part shade
- Moist to dry, clay, loam, sandy soils

Ruellia caroliniensis • Carolina or Common Wild-petunia



This plant has high value for pollinators.



- 0.5–3 feet
- Light purple flowers, May–August
- Full sun to part shade
- Moist soils
- Naturally found in roadsides, thickets, open woodlands

It is moderately tolerant of salt and likes higher pH, and makes a good plant for the area between sidewalks and streets.

Sedum ternatum • Wild Stonecrop, Woodland Stonecrop



Bees, wasps, and flies visit flowers.

- * 6 6 36
- 2-8 inches
- White with five, pointed petals in April– June
- Part shade
- Well-drained, base-rich soils
- Naturally found in upland forests, shaded ledges and rock outcrops

Rock-loving, prostrate, spreading ground cover. Cuttings readily root and may be taken from sterile shoots at any time during the growing season. Easy to propagate.

Silene caroliniana • Wild Pink, Sticky Catchfly



Hummingbirds and butterflies nectar on this beauty. Stunning, showy plant.

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- 1.5-8 inches
- Rose-pink, tubular flowers in April

 –June
- Part shade
- Tolerant of a range of soil and rock chemistries
- Naturally found in forests, woodlands, barrens and outcrops

A single wild pink plant can produce 50–100 showy, rose-pink, tubular flowers. It is commonly mistaken for phlox.

Sisyrinchium angustifolium Narrow-leaved Blue-eyed-grass



Songbirds eat the seed. Drought tolerant.



- 8–20 inches
- Delicate, blue or deep blue-violet flowers with yellow centers in April– June
- Full sun to part shade
- Moist to dry, poor to average soils
- Naturally found in upland forests, meadows, fields, woods

Member of the Iris family. Deciduous. Avoid heavy mulch. Reseeds and can form thick stands over time.

Tiarella cordifolia • Foamflower



Handsome, often variegated, foliage and extended spring bloom make this a winner for the shady border



- 6-12 in.
- Tiny, white flowers with very long stamens appear in airy racemes in April– June; leaves turn a nice reddish bronze in fall
- Part shade to full shade
- Organically rich, moisture-retentive soils
- Naturally found in cool, moist, deciduous woods; stream banks

Foamflower is a sturdy groundcover. It spreads by underground rhizomes or by expanding clumps, depending on the cultivar. Genus name comes from the Greek "tiara" meaning a small crown in reference to the form of the fruit.





A genus of 90 to 110 species commonly known as goldenrod. **Goldenrods** are mostly yellow late-summer and fall-blooming flowers with a variety of shapes. They provide late season food for bees and butterflies and may attract predatory or parasitoid insects that target pest insects. Goldenrod, with its brilliant fall flowers, is often mistakenly believed to cause hayfever; the real offender is ragweed, which blooms at the same time with inconspicuous flowers and wind-blown pollen.

Goldenrods average one to four feet in height, but some species can reach eight feet. They grow in a broad range of light and moisture conditions on a variety of soils. The following species will add splashes of yellow and gold to home gardens and other cultivated landscapes.

Species that grow in a range of part shade/part sun:

Solidago caesia Blue-stemmed or Weath Goldenrod Zig-zag Goldenrod

Solidago nemoralis Gray, Dwarf, Old Field Goldenrod

Solidago odora Sweet Goldenrod

Species that prefer full sun:

Euthamia graminifolia Flat-top Goldenrod

Solidago altissima Tall Goldenrod, Late Goldenrod

Solidago juncea Early Goldenrod

Solidago rugosa Rough-stemmed or Wrinkle-leaf Goldenrod



A genus of about 90 species of herbaceous annual and perennial plants in the composite family (*Asteraceae*) that were formerly treated within the genus *Aster*. The majority are native to North America. They attract a high number of native bees, bumblebees, and honeybees, as well as butterflies and skippers. Smooth Blue Aster is a larval host for the Pearl Crescent (*Phyciodes tharos*) butterfly.

Symphyotrichum cordifolium Heart-leaved Aster, Blue Wood Aster Symphyotrichum laeve (Aster laevis) Smooth Blue Aster, Smooth Aster

Symphyotrichum lateriflorum Calico Aster

Symphyotrichum novae-angliae New England Aster
Symphyotrichum novi-belgii New York Aster

Shown: Symphyotrichum novae-angliae, New England Aster.



Viola sororia.

A genus of over 500 species worldwide, with 30 species native to our region and commonly known as violets. Violets are small plants that come in a variety of flower colors, leaf shapes and forms. They provide nectar for bees and are host plants for several fritillary butterflies. Ants spread their seeds.

Two common and vigorous species (*V. sororia* and *V. bicolor*) may be used in low maintenance settings such as meadows and naturalized lawns. The easy-care, attractive species listed here can be used as fillers among taller plants and will add color to spring and early summer gardens.

Viola cucullata Marsh Blue Violet --- flowers April-June, moist conditions, marsh, riverbank

Viola labradorica Dog Violet (V. conspersa) --- stemmed, flowers late Mar-May

Viola pedata Bird's-foot Violet --- flowers March-June, deeply cut leaves, dry forests and clearings

Viola pubescens Yellow Violet --- yellow flowers March-May, well drained rich soils

Viola sagittata Arrow-leaved Violet --- flowers April, narrow shaped leaved

Viola striata Striped Violet, Cream Violet --- moist woodlands, blooms later and longer than most

Vernonia noveboracensis . New York Ironweed



Flowers attract butterflies and seed heads attract birds. Special value to native bees.

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- 3–6 feet
- Red-purple flowers in July–September
- Full sun to part shade
- Found in moist soils in the wild, but will flourish in regular or dry soil: tolerates clay and neutral to acidic conditions
- Naturally found in floodplain forests, riverbanks, meadows, roadsides

As a tall, narrow plant, it is suited for the back of the border or tight spaces.

Zizia aurea • Golden-alexanders, Common Golden-Alexanders



Attracts butterflies, Larval host to Black Swallowtail (Papilio polyxenes). Special value to native bees.













- Flat-topped clusters of tiny, yellow flowers in April-May
- Full sun to full shade
- Moist to wet soils
- Naturally found in floodplain forests, marshes, clearings

Supports Conservation Biological Control, meaning it is a plant that attracts predatory or parasitoid insects that prey upon pest insects.

Insect-Plant Coevolution: A NOVA Native Example The Story of the Yucca and the Yucca Moth







Native plants form the primary structure of the living landscape and provide food and shelter for native animal species. Native plants co-evolved with native animals and have formed complex and interdependent relationships. One of the most extraordinary partnerships between an insect and the plant is that of the yucca and the Yucca Moth. They are so interdependent that one cannot live without the other.

Yucca filamentosa - Common Yucca, Adam's Needle depends upon the Yucca Moth (Tegeticula maculata) as its agent of pollination. The moth depends on the yucca for food. At flowering time the female moth gathers a mass of pollen from the anthers of the vucca and then flies to another yucca flower, where she deposits a number of eggs into the ovary among the ovules (immature seeds). Next, she places the pollen mass on the stigma of the flower, thus ensuring pollination and subsequent development of the ovules into seeds. As the seeds enlarge, they become the food source for the moth larvae. Many of the seeds remain uninjured and are eventually dispersed, potentially producing new plants. At maturity, the larvae leave the seed capsule, drop to the ground, and pupate. The adult moth emerges next season as the yucca begins to flower.





Adiantum pedatum • Northern Maidenhair Fern



Provides shelter for toads and lizards.

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- 8–20 inches
- Burgundy red fiddleheads appear in early spring; reproduces by spores; June–August
- Part shade to full shade
- Moist/well-drained soil; nutrient-rich soils; not drought tolerant
- Naturally found in mountains

This fern is quite easy to grow if it is provided with the right conditions. Some sources suggest adding calcium. Forms colonies by means of creeping rhizomes.

Matteuccia struthiopteris • Ostrich Fern





- 1-3 feet
- July–October; reproduces by spores
- Part shade to full shade
- Moist soils
- Naturally found in rich alluvial forests, swamps, bottomland woods & thickets

Deciduous. Beaded fertile plumes persist through winter. Spreads through underground runners, so give it room.

Osmundastrum cinnamomeum • Cinnamon Fern



Dramatic landscape accent. The fuzz that covers the young fiddleheads is a favorite nesting material for birds.



- 3-4 feet
- Thick, spore-bearing spikes that turn from green to chocolate brown appear April–June
- Full sun to full shade
- Muddy, sandy, clay or loam, acidic soils
- Naturally found in boggy areas, shaded ledges

Deciduous. Bristly root crown, called osmunda fiber, is used as a potting medium for orchids.

Polystichum acrostichoides • Christmas Fern



Good evergreen border or adaptable accent plant.



- Fronds 1–3 feet, taller when fertile; reproduces by spores
- Part shade to full shade
- Moist, well-drained, humus-rich, acidic soils; does not tolerate standing water
- Naturally found in rocky woods, stream banks, swamps, thickets

An evergreen, Christmas Fern got its name because it stays green right through the holiday season.

Grasses, Sedges and Rushes

A wider **range** of native Carex species is becoming available in the nursery trade. They make splendid, sturdy groundcovers once established, offering wildlife value in both sunny and shady locations. Sedges serve as good, easy care alternatives to Liriope. Sedges, like grasses, offer contrasts in texture to ferns and other perennials in mixed borders. Many sedges host larva for skipper butterflies and other pollinators.

Carex pensylvanica • Pennsylvania Sedge





- 6–12 inches
- April–June
- Full sun to full shade
- Dry to moist soils
- Naturally found in rocky woods

Plant enriches soil and makes a nice groundcover. Spreads by rhizomes. Many other sedges also make handsome, easy-care groundcovers.

Carex plantaginea • Plantain-leaved Sedge





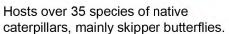
- 8-10"
- Subtle purple-brown flowering spikes in
- early spring
- Part-shade to shade
- Average to moist soils
 Natural habitat: rich cove and welldrained floodplain forests

Divide established clumps.

Attracts birds.

Carex platyphylla • Broad-leaved or Broadleaf Silver Sedge







- 8-12"
- Inconspicuous spikes in early spring
- Part shade to shade
- Wide range of average to dry soils, good drainage
- Naturally found in mesic to dry woods

A nice groundcover.

Elymus hystrix • Bottlebrush Grass



Attracts butterflies. Larval host to Northern Pearly-eye (*Enodia anthedon*) butterfly.



- 2 4 feet
- May August
- Sun to part sun or light shade
- Moist to dry; tolerates heavy clay and alkaline soils
- Naturally found in mesic to (primarily) dry forests, woodlands and barrens

Does well in a woodland garden with other species that grow in filtered light. Together, the groups of spikelets resemble a bottlebrush, hence the common name. The species name, from the Greek hystrix (hedgehog), aptly describes the bristly spikelets. This grass is sometimes known as Hystrix patula.



Grasses, Sedges and Rushes

Eragrostis spectabilis • Purple Love Grass



Larval host to Zabulon Skipper (*Poanes zabulon*). Seed consumed by birds and other wildlife.

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- 8–18 inches
- Full sun
- Dry to moist sandy soils
- Naturally found in woodlands, fields

Drought tolerant. Best in masses, where it creates a lovely purple haze in seed.

Muhlenbergia capillaris • Hair-awn Muhly, Long-awn Hairgrass





Hair-awn Muhly functions well in meadow gardens and as a general garden plant.

- 2 − 3 feet
- August October
- Sun to part sun
- Average to dry soil; needs very good drainage, especially in winter
- Naturally found in dry rocky, open woodlands, clearings, outcrops, roadsides

The spikelets of this grass are purple. In fall the plant takes on a stunning feathery, deep pink to lavender hue. Germinates well and grows easily. Collect seed in November when they start to lose the pink color. Use a comb so as to not damage the appearance of plants.

Schizachyrium scoparium • Little Bluestem



In winter the seeds, fuzzy white at maturity, are of particular value to small birds.



- 1.5–4 feet very dense mounds
- White seedhead in August-October
- Full sun to light shade
- Dry, well-drained, sandy, clay, or loam soils
- Naturally found in woodland edges, hillsides, slopes, open areas

Wonderful planted en masse. This grass provides a changing visual dynamic that ranges from blue-green stems in late summer to radiant mahoganyred, white-tufted seed heads in fall. A reddish-tan color persists during winter.

Sorghastrum nutans • Indian Grass



Birds eat seeds through the winter.



- 1.5–8.5 feet
- Leaves turn brilliant mauve, red, and purple in September–November and provide attractive early fall color
- Full sun
- Dry to moist; tolerates range of soil chemistries
- Naturally found in prairies, slopes, borders of woods



Clematis virginiana • Virgin's Bower



Attracts hummingbirds and butterflies. Most plant parts are toxic to humans.

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- 12-15 feet
- Clusters of creamy white flowers turning into showy sprays of silky seeds that glisten with backlighting in July— September
- Full sun to full shade
- Moist to dry, rich soils
- Naturally found in woods, thickets, stream banks

Lacking tendrils, this deciduous vine supports itself by means of twisted stems, or petioles, that wrap around other plants. These fast-growing stems can grow 20 feet in one year. They may be pruned at any time during the growing season.

Lonicera sempervirens • Trumpet or Coral Honeysuckle



Frequently visited by hummingbirds and butterflies. Fruits attract Purple Finch, Goldfinch, Hermit Thrush, and American Robin.

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- 3-20 feet
- Red outer, sometimes yellow inner, tubular flowers with heaviest bloom in March–June followed by bright-red berries
- Full sun (best) to part shade
- Adaptable to many soil conditions; tolerates poor drainage for short periods
- Naturally found in a wide range of natural habitats

This beautiful semi-evergreen vine is great for arbors. The species name refers to its evergreen habit. Deer resistant.

Passiflora incarnata • Maypop, Purple Passionvine



Flowers attract native bees and the plant hosts 5 species of caterpillars including Gulf Fritillary (*Agraulis vanillae*) and Variegated Fritillary (*Euptoieta claudia*).



- 6-30 ft.
- Lavender 3 inch flowers in May– September
- Sun (best) to part shade
- Moist, rich clay and sandy non-saline soils
- Naturally found in roadsides, fields, forest borders

The fruit of Maypop is a large greenishyellow berry with edible pulp. This vine is excellent for use on arbors, fences, walls and columns. The name Maypop comes from the hollow, yellow fruits that pop loudly when crushed. Maypop spreads easily by seed and by root suckers that can be contained by removing suckers or mowing.

Wisteria frutescens • American Wisteria



Attracts butterflies. Larval host to several skipper species.



- 25–30 feet, deciduous
- Lilac or bluish purple in May–June
- Full sun to full shade
- Moist, rich, sandy, loam or clay, neutral to slightly acid soils; prefers a good loamy soil in a sunny south or southwest-facing position
- Naturally found in woods, river banks, upland thickets

Large, fragrant, drooping clusters of flowers—6—9 inches long—appear only on new wood and after the plant has leafed out, a difference from the popular Asian species. This species also is less aggressive than the similar Asian wisteria species.



Amorpha fruticosa • False Indigo Bush



Larval host and nectar source for many butterflies and native bees. Can form dense thickets and provide cover for wildlife. Deer resistant.

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- 6-13 feet
- Brilliant purple flowers on 3–6 inch spikes in April–June
- Full sun to part shade
- Tolerates wet soils
- Naturally found in stream banks, bogs, pond areas

Deciduous. Contains some indigo pigment that can be used to make blue dye.

Aronia arbutifolia • Red Chokeberry



Nectar source for pollinators. Berries persist through much of the winter, and are occasionally eaten by songbirds.

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- 6 -10 feet
- Many clusters of small, white flowers in early May followed by bright red berries that persist into December
- Tolerates dry to wet
- Full sun
- Naturally found in wet and dry thickets

One of the best shrubs for brilliant fall color—intense, shiny, raspberry to crimson, with purplish highlights. Can also have some orange mixed in, especially in shady sites

Cephalanthus occidentalis • Buttonbush, Button Willow

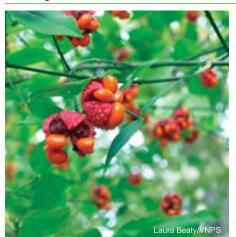


Ducks and other water-birds and shorebirds consume the seeds, and its nectar attracts bees and butterflies.



- 6–12 feet spreading, multibranched shrub or sometimes small tree
- Balls of long-lasting white or pale-pink flowers resembling pincushions in June-September, and button-like balls of fruit; rounded masses of nutlets that persist through the winter
- Full sun to part shade
- Wet, sandy and clay soils; poor drainage or standing water ok
- Naturally found in shorelines, swamps

Euonymus americanus • Strawberry-bush, Heart's-a-bustin'



Versatile, carefree shrub that is remarkably free of any disease, insect, or physiological problems.



- 6–10 feet narrow, deciduous greenstemmed shrub, which often spreads into mounded clumps
- Small white flowers in July–August develop into colorful, decorative seed pods
- Full sun to full shade
- Moist to dry acidic soils
- Naturally found in forests and thickets

Leaves turn dull yellow to orange in fall. Its dry fruiting capsules remain long after flowering and help identify this plant in winter. Deer love it.

Hamamelis virginiana • Witch Hazel



Birds eat the fruits (small brown capsules). The species has brilliant fall color and flowering.

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- 10–15 (sometimes up to 30) feet multitrunked shrub with large, crooked, spreading branches forming an irregular, open crown
- Yellow, fragrant flowers with straplike, crumpled petals appear in the fall, persisting for some time after leaf drop in September—December; lettucegreen, deciduous leaves maintain a rich consistency into fall when they turn brilliant gold
- Full sun to full shade
- Moist, sandy, clay, acidic and calcareous soils
- Naturally found in moist woods, thickets, bottomlands

The source of the astringent extract.

Hydrangea arborescens • Wild Hydrangea



Larval host of the Hydrangea sphinx moth (*Darapsa versicolor*). Can grow in areas of poor drainage, and is very effective in massed plantings.

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- 3–8 ft. mound-shaped, slenderbranched, deciduous shrub
- Small, white flowers bloom in May– June in 4-inch spires that droop with the arching branches; flowers open from base to tip so that the plant appears to bloom for a long time; leaves turn red to purple in fall and persist well into the winter
- Full sun, part shade; blooms best, and has better fall color, if it receives full sun at least part of the day
- Moist, sandy, loam, clay, acid soils
- Naturally found in wooded stream banks, bogs

Wild hydrangea suckers freely, creeping over large areas. Fast-growing and short-lived, it can be cut to the ground every winter.

Ilex verticillata • Common Winterberry



Birds are readily attracted to them. Winterberry tolerates poor drainage and is guite winter hardy.

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- 3–10 feet globular, upright, mediumsized deciduous shrub, male and female separate
- Inconspicuous flowers in April–July; dense clusters of bright-red berries that remain throughout winter
- Full sun to full shade
- Moist, acidic soils
- Naturally found in swamps, bogs, thickets, low woods, along ponds and streams

Leaves are not shaped with sharp teeth like other hollies and are not evergreen. Berries are quite showy and will persist throughout the winter and often into early spring, providing considerable impact and interest to the winter landscape.

Itea virginica • Virginia Sweetspire



Flowers and fall foliage make this an attractive ornamental. Can grow in areas of poor drainage.

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- 3–8 feet mound-shaped, slenderbranched, deciduous shrub
- Small, white flowers bloom in May–June in 4-inch spires that droop with the arching branches; flowers open from base to tip so that the plant appears to bloom for a long time; leaves turn red to purple in fall and persist well into the winter
- Full sun, part shade; blooms best, and has better fall color, if it receives full sun at least part of the day
- Moist, sandy, loam, clay, acid soils
- Naturally found in wooded stream banks, bogs

Very effective in massed plantings and also good as a container plant.



Kalmia latifolia • Mountain Laurel



The stamens of the flowers have an odd, springlike mechanism which spreads pollen when tripped by a bee.

- 5–15 feet broadleaf thicket-forming evergreen shrub, sometimes a small tree with short, crooked trunk; stout, spreading branches
- Bell-shaped, white to pink flowers with deep rose spots in large flat-topped clusters in May

 –June; glossy leaves change from light green to dark green to purple throughout year
- Part shade
- Cool, moist, rocky or sandy, acidic soils
- Naturally found in woods, slopes

Mountain Laurel is one of the most beautiful native flowering shrubs. Needs afternoon shade, good drainage, and the right setting to thrive. Poisonous plant parts.

Lindera benzoin • Northern Spicebush, Spicebush



A larval host for the Eastern Tiger Swallowtail (*Papilio glaucus*) and Spicebush Swallowtail (*Papilio troilus*) butterflies. The fruits are a special favorite of wood thrushes.

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- 6–12 feet single- or few-stemmed, fastgrowing, deciduous shrub
- Dense clusters of tiny, pale yellow flowers bloom in March–April; glossy red fruit in September–October
- Full sun to full shade
- Moist, sandy, well-drained soils (better form, more berries with sun)

Fruit and foliage are aromatic. Leaves turn a golden—yellow in fall. This species has separate male and female plants; both are needed for berry production. Deer avoid it.

Physocarpus opulifolius • Ninebark



Value to songbirds, waterfowl, small mammals, and beneficial insects.

Special value to native bees and honey bees.



- 5–10 feet deciduous shrub with recurved branches. Bark is brown to orangish, peeling into thin strips or broader sheets on larger trunks
- Clusters of small white flowers May– June
- Full sun to full shade
- Moist to wet, mineral-rich (including calcium) soils
- Naturally found in rocky open woodlands, cliffs, outcrops, rocky river shores, stream banks

The ability to grow quickly in harsh conditions makes this shrub especially suitable for erosion control on banks. Disease resistant and drought tolerant.

Rhododendron periclymenoides • Wild Azalea, Pinxter Azalea



Especially showy flowers. Nectar source for butterflies and hummingbirds.



- 6–10 feet shrub with picturesque, horizontal branching
- Funnel-shaped, pink or white flowers with protruding stamens occur in large fragrant clusters, appearing before or with the leaves in April–May
- Part shade
- Well-drained, soils
- Naturally found in woods, bogs, riparian

This species is relatively tolerant of dry sites, and needs good drainage. The old species name, nudiflorum, Latin for "naked-flowered," refers to the fact that the flowers often appear before its leaves are fully expanded.

Shrubs

Rosa carolina • Carolina Rose, Pasture Rose



Attracts birds. Special value to bumblebees and other native bees: a plant that native bees nest beneath, within, or harvest parts from to construct their nests.

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- 1–3 feet freely suckering shrub
- Pink flowers from thorny stems—
 fragrant, 2 inch wide, 5-petaled—occur
 singly or in small clusters in May–June;
 fruit, a hip, turns from dark green to
 bright red as it ripens
- Full sun to part shade
- Dry to wet, acidic soils; drought tolerant
- Naturally found in sandy, open woods; thickets, roadsides, disturbed areas

Hips develop lovely red color. Although one of the most shade-tolerant roses, this species grows best in open sunny locations.

Sambucus canadensis • Common Elderberry



Birds are attracted to the purple-black fruit and spread the seeds.

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- 6–12 feet loose and graceful, deciduous shrub with both woody and herbaceous branches
- White flowers in May–July in broad, flat, conspicuous clusters up to 10 inches or more in diameter; berrylike fruit is dark purple when ripe in July– September
- Part shade
- Tolerates a wide variety of wet to dry soils but prefers rich, moist, slightly acid soil
- Naturally found in bogs, ditches, fields

The genus name comes from Greek sambuce, an ancient musical instrument.

Vaccinium pallidum • Early Lowbush Blueberry



Sweet berries have a high wildlife value, as do flowers and leaves.



- 1.5–2 feet shrub with green bark, light to dark brown twigs, alternate, elliptic leaves, dark green above, paler beneath
- Green-white to pink flowers in March– May; berries are dark blue to black and mature June–July
- Partial sun to full shade
- Moist or dry, loam, sandy acidic soils
- Naturally found in open woods

Blueberries prefer acidic soils with sandy or rocky material.

Viburnum acerifolium • Maple-leaved Viburnum, Dockmackie



Berries attract Eastern Bluebird, Northern Flicker, Gray Catbird, and American Robin. Larval host for Spring Azure (*Celastrina ladon*) butterfly.



- 4–6 feet deciduous shrub with multiple, erect-arching stems in a loose, round habit
- White, flat-topped flower clusters in May—June are followed by dark blue drupes; dark-green foliage turns yellow to wine-red in fall
- Full sun to full shade
- Dry to moist, acidic soils and sands
- Naturally found in woods and thickets

Most soil-adaptable of the viburnums. Flood, insect, shade and disease tolerant.



Amelanchier canadensis • Canada Serviceberry, Juneberry



At least 40 bird species (e.g., Cardinals, Cedar Waxwing, and Towhees) eat the fruit of *Amelanchier* species.

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- 15–30 feet, with multiple, upright stems forming a dense shrub with a narrow crown and many small-diameter branches or, if properly pruned, a small tree
- White flowers in March–May followed by red to purple fruit in June–August; brilliant fall color display ranging from yellow and orange to red
- Full sun to part shade
- Moist, well-drained acidic soils
- Naturally found in wood borders, moist, upland woods

Good fall color commends serviceberry for multiseason interest and smaller gardens.

Asimina triloba • Pawpaw, Common Pawpaw



A larval host for Zebra Swallowtail Butterfly (*Eurytides marcellus*) and Pawpaw Sphinx Moth (*Dolba hyloeus*). Aromatic tree with no serious disease or insect problems.

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- 10–40 feet tree or multistemed shrub
- Purple, six-petaled flowers are borne singly in leaf axils in April—May before leaf emergence; large, cylindric, darkgreen or yellow fruit follows; yellow fall foliage
- Full sun to full shade
- Rich, moist, slightly acid soils
- Naturally found in ditches, ravines, depressions, flood plains, bottomland

A good understory tree. First recorded by the DeSoto expedition in the lower Mississippi Valley in 1541. The name Common Pawpaw is from the Arawakan name of Papaya, an unrelated tropical American fruit.

Betula nigra • River Birch



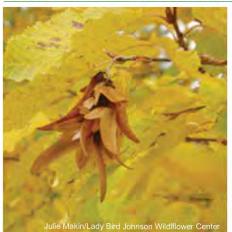
Fast growing and long-lived. Its ability to thrive on moist sites makes it useful for erosion control.

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- Up to 50 feet gracefully branched tree, can reach 90 feet with irregular, spreading crown; produces a cone-like fruit; satiny silver bark peels to reveal a cinnamon brown trunk beneath; fall foliage is yellow
- Full sun to part shade
- Sandy or clay, moist, acidic soils; well suited to periodically wet areas
- Naturally found in flood plains, bottomland, ditches, ravines, depressions, swamps, stream and river banks to mid-slope

This is the southernmost New World birch and the only birch that occurs at low altitudes in the southeastern US.

Carpinus caroliniana • American Hornbeam, Ironwood



Larval host to Eastern Tiger Swallowtail (*Papilio glaucus*), Striped Hairstreak (*Satyrium liparops*), and Red-spotted Purple (*Limenitis arthemis*). Birds and mammals feed on fruit.



- 35–50 feet, with a wide-spreading crown, uniformly oval or very irregular; graceful, drooping branches and slender pale gray trunk, smooth and sinewy with twisting, muscle-like bulges; shiny deciduous leaves become scarlet-orange in the fall
- Fruit, appearing March–April—hangs from a papery bract
- Part shade to full shade
- Moist, well-drained soils
- Naturally found in upland and floodplain forests, alluvial swamps, stream banks

The term "hornbeam" means "tough tree," referring to the tree's tough, very hard wood.



Diospyros virginiana • Common Persimmon



Valued for fruit. Attracts wildlife and is larval host to the Luna Moth (*Actias luna*).

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- 15 up to 100 feet, with a spreading crown and pendulous branches; large, oval, mature leaves usually become yellow-green in fall
- Bell-shaped yellow flowers in April–June; large, sweet, orange fruit in autumn
- Full sun to shade
- Adaptable; moist, rich, sandy, loam or clay, acidic or calcareous soils
- Naturally found in dry woods, old fields and clearings

The word Persimmon is of Algonquian origin. Diospyros means "fruit of the god Zeus." With age, bark becomes thick, dark gray to almost black, and breaks into scaly, squarish blocks. This species has separate mail and female plants.

Ilex opaca • American Holly, Christmas Holly



In late winter, many kinds of songbirds eat the bitter berries of this slow-growing but long-lived tree.

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- 25 to 60 feet evergreen has stout, stiff branches that form a pyramidal shape and bear dark-green, leathery, spinetipped leaves; new growth pushes off the old leaves in spring
- Bright red berries occur on female plants
- Full sun to full shade
- Moist, well-drained, sandy, acidic soils
- Naturally found primarily as an understory woodland tree

A popular Christmas decoration, the wood also is especially suited for carvings and inlays in cabinetwork, and can be dyed. Shorter, multitrunked form may grow in lower-light situations.

Juniperus virginiana • Eastern Redcedar



Berry-like fruits consumed by wildlife, including the Cedar Waxwing. Resistant to extremes of drought, heat, and cold.

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- 30–40 feet (can reach 90 feet)
 evergreen, aromatic tree with trunk
 often angled and buttressed at base;
 pyramidal when young, mature form
 is quite variable; fragrant, scale-like
 foliage can be coarse or fine cut, and
 varies in color from gray to blue to
 dark green; soft, silvery bark covers the
 single trunk
- Pale blue fruits occur on female plants
- Full sun to part shade
- All soils (adaptable)
- Naturally found in any open spaces

This tree was prized by the colonists for building furniture, rail fences, and log cabins.

Magnolia virginiana • Sweetbay Magnolia



Attractive, aromatic, showy ornamental. Seeds are a good source of food for birds in fall.

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- 12–30 feet (occasionally growing to 50 feet) evergreen tree with pale gray bark and multiple, slender, upright trunks bearing horizontal branches; aromatic, spicy foliage
- Solitary, velvety-white, fragrant flowers in May–June followed by dark red aggregate fruits exposing bright-red seeds
- Part shade
- Moist, rich, sandy, loamy, acidic soils
- Naturally found in open woodlands, swamps

Introduced into European gardens as early as 1688. Called "Beavertree" by colonists who caught beavers in traps baited with the fleshy roots.



Nyssa sylvatica • Blackgum, Black Tupelo



Handsome ornamental and shade tree. Juicy fruit is consumed by many birds and mammals.

- 30–60 feet variable-shaped, deciduous tree with horizontally spreading branches; smooth, waxy, dark-green summer foliage changes to fluorescent yellow, orange, scarlet and purple in fall
- Berry-like fruit are small and blue
- Full sun to full shade
- Adaptable to various, even gravelly, soils
- Naturally found in a wide range of habitats

This species is one of the first plants to color in fall. It tolerates drier sites and also poor drainage.

Pinus echinata • Shortleaf Pine



Provides cover and nesting sites and seeds for small mammals and birds. Attracts butterflies; larval host to Elfin Butterfly (*Microtia elva*).

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- 50–100 feet large tree; short spreading branches form a pyramid that loosens with age to form a broad, open crown; bright green, 5 inch needles grow in clusters of 2-3; trunks of larger trees have broad, flat, reddish-brown plates
- Yellow cones in March–April
- Sun to part shade
- Moist, well-drained to dry soils
- Naturally found in forests, old fields, rocky woodlands

The most widely distributed of the southern yellow pines. Native in 21 southeastern states.

Quercus alba • White Oak



One of the most important species of Oaks. Acorns are a food source for many animals, and the tree supports hundreds of species of caterpillars.

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- 50–80 feet with widespreading branches and a wide rounded crown, the trunk irregularly divided into spreading, often horizontal, stout branches; round-lobed leaves turn burgundy in fall, and dried leaves remain into winter
- Brown catkins appear just before or with the appearance of new leaves from March— April; acorns up to 3/4 inch long, sometimes to 1 1/4 inches, with a shallow cup
- Full sun to part shade
- Moist to dry soils
- Naturally found in woodlands and old fields

Very rot resistant. Good yard tree with few disease or pest problems.

Taxodium distichum • Baldcypress



Brilliant russet fall color. Larval host for Baldcypress Sphinx (*Isoparce cupressi*).

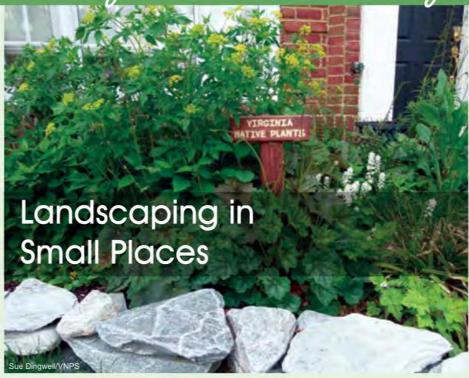
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- 50–70 feet conifer, with small deciduous needles and a thin, dark to silvery-brown bark that shreds lengthwise; cones are 1- inch-diameter globes
- Full sun to light shade
- Wet to dry soils
- Naturally found in swamps, streambanks

Although Baldcypress is usually found in swamps, this is an adaptation to low oxygen, not water need, so it does very well in dry, compacted urban soils. A centerpiece tree with a color and texture that set it apart from other landscape trees. "Bald" refers to its deciduous nature, uncommon among other conifers.







Native plant gardens can also be grown in small spaces such as a townhouse yard or apartment. As with any other situation, small-space gardening requires that you acknowledge the amount of space you and the plant need. In considering the space for the plant, don't forget the roots. On apartment balconies a diverse mix of potted forbs, vines, grasses, and ferns can provide pollinator habitat. Mixing spring, summer, and fallblooming plants in a planter or group of planters can provide beauty and color throughout the growing season.

Perennials (Forbs)

Aquilegia canadensis • Wild Columbine Actaea racemosa (Cimicifuga racemosa)

Black Cohosh Asarum canadense . Wild Ginger Asclepias tuberosa • Butterfly Weed Chrysogonum virginicum . Green and Gold

Perennials (Forbs)

Coreopsis verticillata • Threadleaf Tickseed Dicentra eximia • Wild Bleeding Heart Eurybia (Aster) divaricata • White Wood Aster Geranium maculatum • Wild Geranium Heuchera americana • American Alumroot Lobelia cardinalis . Cardinal Flower Lobelia siphilitica • Great Blue Lobelia Maianthemum racemosum . Solomon's Plume Penstemon digitalis • Beardtongue Penstemon Phlox divaricata . Wild Blue Phlox Phlox stolonifera . Creeping Phlox Polygonatum biflorum • Solomon's Seal

Pycnanthemum tenuifolium • Narrow-leaved Mountain Mint Salvia lyrata • Lyre-leaf Sage Sedum ternatum • Wild Stonecrop

Sisyrinchium angustifolium . Blue-eyed Grass

Tiarella cordifolia • Foamflower



Wisteria frutescens, American Wisteria. embellishes a patio or porch railing.

Grasses, Sedges, and Rushes

Elymus hystrix . Bottlebrush Grass Carex pennsylvanica • Pennsylvania Sedge Carex stricta . Tussock or Upright Sedge Schizachyrium scoparuim • Little Bluestem

Ferns

Adiantum pedatum . Maidenhair Fern Asplenium platyneuron • Ebony Spleenwort Athyrium asplenoides . Southern Lady Fern Dryopteris marginalis . Evergreen Shield or Wood Fern

Polystichum acrostichoides . Christmas Fern

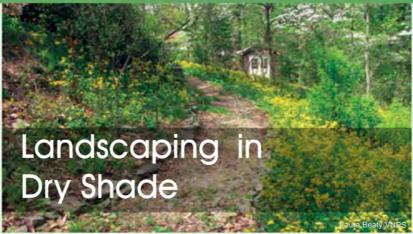
Vines

Lonicera sempervirens • Coral Honeysuckle Passiflora lutea • Yellow Passionflower



Itea virginica, Sweetspire, makes a great container plant.





Finding plants that will thrive in dry shade can be challenging. Spring ephemerals (plants that flower and set seed before the tree canopy fills in and then go dormant) are good choices. The lists below contain many attractive species that can be grown in dry, shady areas.

Perennials (Forbs)

Antennaria plantaginifolia • Plantain-leaved Pussytoes
Chrysogonum virginianum • Green and Gold
Conoclinium coelestinum • Mistflower, Ageratum
Dicentra eximia • Bleeding Heart
Erigeron pulchellus • Robin's Plantain
Eurybia divaricata • White Wood Aster
Goodyera pubescens • Downy Rattlesnake-plantain
Helianthus divaricatus • Woodland Sunflower, Spreading Sunflower
Heuchera americana • American Alumroot
Mitchella repens • Partridgeberry
Packera aurea • Golden or Heartleaf Ragwort
Polygonatum biflorum • Solomon's Seal
Pycnanthemum incanum • Hoary Mountain Mint
Tiarella cordifolia • Heart-leaved foamflower

Ferns

Dryopteris carthusiana • Spinulose Woodfern
Dryopteris marginalis • Marginal Woodfern, Evergreen Shieldfern

Vines

Clematis virginiana • Virgin's Bower
Parthenocissus quinquefolia • Virginia Creeper
Wisteria frutescens • American Wisteria

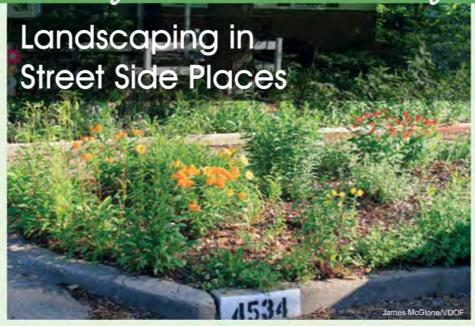
Shrubs

Cornus racemosa Gray Dogwood
Ceanothus americanus New Jersey Tea, Redroot
Gaultheria procumbens • Wintergreen, Teaberry
Hamamelis virginiana • Witch Hazel
Hydrangea arborescens • Wild Hydrangea, Smooth Hydrangea
Hypericum prolificum • Shrubby St. John's Wort
Lindera benzoin • Spicebush
Staphylea trifolia • Bladdernut
Vaccinium corymbosum • Highbush Blueberry
Vaccinium pallidum • Early Lowbush Blueberry
Viburnum acerifolium • Maple-leaved Viburnum

Trees

Amelanchier arborea • Downy Serviceberry
Carpinus caroliniana • American Hornbeam, Ironwood
Cercis canadensis • Eastern Redbud
Chionanthus virginicus • Fringe Tree, Old Man's Beard
Quercus montana • Chestnut Oak, Rock Chestnut Oak





Street side environments experience dry, harsh conditions and are exposed to pollutants, dust, spray, salt, and compacted soil. Soil pH can also be affected through leaching from concrete curbs and sidewalks. The best street trees happen to also be marsh species adapted to an environment with saturated soil and low oxygen. Consider the following species for street side environments.

Perennials (Forbs)

Hibiscus moscheutos • Swamp Rose-mallow, Eastern Rose-mallow, Crimson-eyed Rose-mallow

Oenothera fruticosa • Narrowleaf Evening Primrose, Southern Sundrops Opuntia humifusa • Eastern Prickly-pear

Grasses/Ferns

Panicum virgatum • Switchgrass
Schizachyrium scoparium • Little Bluestem
Thelypteris palustris • Marsh Fern

Shrubs

Aronia arbutifolia (Photinia pyrifolia) • Red Chokeberry
Aronia melanocarpa (Photinia melanocarpa) • Black Chokeberry
Cephalanthus occidentalis • Buttonbush
Gaylussacia baccata • Black Huckleberry
Lindera benzoin • Spicebush
Rosa carolina • Carolina Rose, Pasture Rose
Sambucus canadensis • Common Elderberry, American Elder
Vaccinium corymbosum • Highbush Blueberry, Northern Highbush Blueberry
Viburnum dentatum • Arrowwood, Southern Arrowwood Viburnum

Small Trees

Amelanchier arborea • Downy Serviceberry

Amelanchier canadensis • Canada Serviceberry

Rhus typhina (R. hirta) • Staghorn Sumac

Tall Trees

Celtis occidentalis • Common Hackberry
Juniperus virginiana • Eastern Redcedar
Nyssa sylvatica • Sour Gum, Black Gum
Pinus rigida • Pitch Pine
Quercus alba • White Oak
Quercus bicolor • Swamp White Oak
Quercus palustris • Pin Oak
Quercus rubra • Northern Red Oak
Quercus stellata • Post Oak
Quercus velutina • Black Oak
Taxodium distichum • Bald Cypress



Yucca filamentosa, Common Yucca, often can be seen street side.





Not all plants will survive in wet and saturated soils. When soils are saturated they are oxygen poor, which affects both the microbial community and soil chemistry, as well as depriving plants of oxygen needed to process energy. The plants that grow in wet areas in the wild are adapted to these conditions and should grow well in your wet site. The following list of plants are species that will tolerate periodically wet or saturated soils.

Perennials (Forbs)

Arisaema triphyllum • Jack-in-the-pulpit

Asclepias incarnata . Swamp Milkweed

Caltha palustris . Marsh Marigold, Cowslip

Chelone glabra • White Turtlehead

Eupatorium perfoliatum • Common Boneset

Helianthus angustifolius • Narrow-leaved or Swamp Sunflower

Hibiscus moscheutos • Swamp Rose-mallow

Lobelia cardinalis . Cardinal Flower

Monarda didyma • Scarlet Beebalm, Oswego Tea

Packera aurea • Golden Ragwort

Phlox maculata • Meadow phlox, Wild Sweet William

Rudbeckia laciniata • Cut-leaf or Green-headed Coneflower

Symphyotrichum (Aster) novae-angliae, novi-belgii • New England and New York Aster

Thalictrum pubescens • Common Tall Meadow Rue

Verbena hastata • Common or Swamp Verbena

Perennials (Forbs)

Vernonia noveboracensis • New York Ironweed Veronicastrum virginicum • Culver's-root

Grasses, Sedges, and Rushes

Andropogon virginicus • Broomsedge, Sedge Grass Carex stricta • Tussock or Upright Sedge Dichanthelium clandestinum • Deer-tongue Grass Panicum virgatum • Switchgrass Saccharum giganteum • Giant or Sugarcane Plumegrass

Ferns

Dryopteris carthusiana, intermedia • Spinulose and Intermediate Wood Fern Onoclea sensibilis • Sensitive Fern Osmundastrum cinnamomeum • Cinnamon Fern Osmunda spectabilis • Royal Fern Pteridium aquilinum • Bracken Fern Thelypteris palustris • Marsh Fern

Shrubs

Alnus serrulata • Smooth or Hazel Alder Aronia melanocarpa • Black Chokeberry Cephalanthus occidentalis • Buttonbush Clethra alnifolia • Sweet Pepperbush, Summersweet Cornus amomum • Silky Dogwood

Hypericum densiflorum • Bushy St. John's-wort

Ilex verticillata • Winterberry Holly

Itea virginica • Virginia Sweetspire

Morella (Myrica) spp. • Southern and Northern Wax Myrtle or Bayberry

Physocarpus opulifolius • Ninebark

Sambucus canadensis • Common Elderberry

Rhododendron periclymenoides & viscosum • Wild Azalea and Swamp Azalea

Rosa palustris • Swamp Rose

Viburnum dentatum, nudum & prunifolium • Arrowwood, Possum-haw, and Blackhaw Viburnums

Trees

Betula nigra • River Birch
Carpinus caroliniana • American Hornbeam, Ironwood
Liquidambar styraciflua • Sweetgum
Magnolia virginiana • Sweetbay or Swamp Magnolia
Salix nigra • Black Willow
Taxodium distichum • Baldcypress



Planting to Attract Pollinators & Birds

Help Bring Life to Your Garden

Native plants attract a variety of birds, butterflies, and other wildlife by providing diverse habitats and food sources. Native plants feed the insects that are the base of the food web, and insects are especially important as food for young songbirds. Native plants also feed pollinators. We may not notice the hummingbirds, bats, bees, beetles, butterflies, and flies that carry pollen from one plant to another as they collect nectar, yet without them, wildlife would have fewer nutritious berries and seeds and we would miss many fruits, vegetables, and nuts. By planting a diverse palette of native plants, we invite not only the plant-eating insects, but also their predators as well as pollinators, seed dispersers, and recyclers, which work together to make a garden function like a system. Because our native plants and animals have evolved together, they support each other, and we enjoy the beauty and fruits of their labor.

With a simple, but profound, observation that nothing was eating the Multiflora Rose he was clearing from his property, Dr. Douglas Tallamy launched a line of research that has become a cornerstone of the native plant movement. He has shown that not all plants are of equal value to wildlife and that native wildlife prefers native plants. For example, native oaks support 532 species of native caterpillars, while the non-native Butterfly Bush supports only one. Caterpillars are important because they are the primary food source for nestlings of 96 percent of all bird species. This insight led to a call embodied in the title of his book *Bringing Nature Home* to share our suburban landscape with wildlife by planting native plants.

While this entreaty to share our space may seem novel to some, it is actually an expression of Aldo Leopold's Land Ethic. In his essay of that name, Leopold asserts that "a land ethic changes the role of Homo sapiens from conqueror of the land-community to plain member and citizen of it." Given Tallamy's findings, it is clear that using native plants in your landscape is one aspect of the land ethic. But notice that Leopold promotes humans to membership in the land, which means that part of the wildlife you are landscaping for is you.

The use of native plants in landscaping should not and does not preclude designing a landscape that meets your needs. Landscaping for wildlife should be a mix of human and natural design concepts. The overall plan should satisfy your needs—a place for the kids and dog to play and a quiet place to









sit and enjoy your yard—and should follow human design concepts. But, the execution of the plan should be informed by nature's design concepts: using plants in layers; avoiding straight lines; and smoothing forest into field into wetland. Above all: use a diverse array of native plants.

One important aspect of landscaping for wildlife is a change in the status of turf grass. It is not that turf no longer has a place in your landscape, but it should no longer be considered the default landscape. Each square foot of turf should be examined and subjected to the question "Why?" Sometimes turf is the right cover, but that should be decided only after consideration of native plant alternatives like Pennsylvania Sedge, moss, or other materials such as mulch or stepping stones.

When landscaping for wildlife, use a wide array of native plants and don't forget that you are part of the wildlife using the landscape.



Bloom Time: Year Round Beauty and Interest

Common Name	Scientific Name	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec
Red Maple	Acer rubrum											
Bloodroot	Sanguinaria canadensis											
Spring Beauty	Claytonia virginica											
Golden Ragwort	Packera aurea											
Serviceberry	Amelanchier canadensis											
Redbud	Cercis canadensis											
Coral Honeysuckle	Lonicera sempervirens											
Spicebush	Lindera benzoin											
Jacob's Ladder	Polemonium reptans											
Columbine	Aquilegia canadensis											
Pinxter Azalea	Rhododendron periclymenoides											
False Indigo	Baptisia australis											
Fringe Tree	Chionanthus virginicus											
Sweetbay Magnolia	Magnolia virginiana				-							
Wild Bleeding Heart	Dicentra eximia											
Golden Alexander	Zizia aurea											
Mapleleaf Viburnum	Viburnum acerifolium											
Tulip Tree	Liriodendron tulipfera											
Purple Passionflower	Passiflora incarnata											
Virginia Sweetspire	Itea virginica											
Wild Hydrangea	Hydrangea arborescens											
Elderberry	Sambucus nigra											
Butterflyweed	Asclepias tuberosa											
Wild Bergamot	Monarda fistulosa											
Ox-eye Sunflower	Heliopsis helianthoides											
Swamp Milkweed	Asclepias incarnata											
Culver's Root	Veronicastrum virginicum											
Orange Coneflower	Rudbeckia fulgida											
New York Ironweed	Vernonia noveboracensis											
Buttonbush	Cephalanthus occidentals											
Boneset	Eupatorium perfoliatum											
Blue Lobelia	Lobelia siphilitica											
Hollow Joe-pye-weed	Eutrochium fistulosum											
Early Goldenrod	Solidago juncea											
Wingstem	Verbesina alternifolia											
Obedient Plant	Physostegia virginiana											
New England Aster	Symphyotrichum novae-angliae											
Bluestem Goldenrod	Solidago caesia											
Witchhazel	Hamamelis virginiana											

Additional Resources

About Native Plants

Online:

Digital Atlas of the Virginia Flora http://vaplantatlas.org/

Flora of North America www.fna.org/

Flora of Virginia Project www.floraofvirginia.org

Virginia Native Plant Society www.vnps.org/

Lady Bird Johnson Wildflower Center of the University of Texas at Austin www.wildflower.org/

Master Gardeners of Northern Virginia "Tried and True Plants" http://mgnv.org/plants/

Native Plant Center: Chesapeake Bay Watershed Native Plants for Wildlife and Habitat Conservation (U.S. Fish and Wildlife Service) http://nativeplantcenter.net/

Native Plants for Conservation, Restoration and Landscaping, VA Dept. of Conservation and Recreation, Natural Heritage www.dcr.virginia.gov/natural heritage/nativeplants.shtml

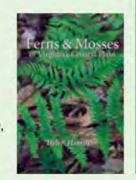
Native Gardening with Wildflowers, U. S. Forest Service
https://www.fs.fed.us/wildflowers/Native_Plant_Materials/Native_Gardening/index.shtml

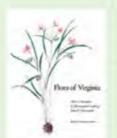
USDA Plants Database http://plants.usda.gov/

Print:

The American Woodland Garden, Rick Darke, 2002 Ferns and Mosses of Virginia's Coastal Plain, Helen Hamilton, 2016

Finding Wildflowers in the Washington-Baltimore Area, Cristol Fleming, Marion Lobstein and Barbara Tufty, 1995





Flora of Virginia, Alan S. Weakley, J. Christopher Ludwig & John E. Townsend, 2012

Manual of Woody Landscape Plants, Michael A. Dirr, 2009

Native Ferns, Mosses, and Grasses, William Cullina, 2008

Native Trees, Shrubs, & Vines: A Guide to Using, Growing, and Propagating North American Woody Plants, William Cullina, New England Wild Flower Society, Houghton Mifflin, 2002

Teaming with Microbes, Jeff Lowenfels and Wayne Lewis, 2010

The New England Wild Flower Society Guide to Growing and Propagating Wildflowers of the United States and Canada, William Cullina, 2000

Wildflowers and Grasses of Virginia's Coastal Plain, Helen Hamilton and Gustavus Hall, 2013

About Landscaping with Natives

Online:

Audubon Guide to a Healthy Yard and Beyond www.audubon.org/bird/pesticide.html

Backyard Habitat, National Wildlife Federation www.nwf.org/In-Your-Backyard.aspx

Better Backyard–A Citizen's Resource Guide to Beneficial Landscaping and Habitat Restoration in the Chesapeake Bay Watershed, Chesapeake Bay Program, (61-page downloadable booklet) www.chesapeakebay.net/content/publications/cbp_12259.pdf

Conservation Landscaping Guidelines-The Eight Essential Elements, Chesapeake Conservation Landscaping Council (33-page downloadable booklet) www.chesapeakelandscape.org

Habitat at Home (basic overview), Virginia Department of Game and Inland Fisheries https://www.dgif.virginia.gov/wp-content/uploads/habitat-at-home.pdf

Habitat Gardening for Wildlife (34 pg guide), Virginia Department of Game and Inland Fisheries https://www.dgif.virginia.gov/wp-content/uploads/habitat-gardening.pdf



Additional Resources

Living Shoreline Design

http://ccrm.vims.edu/livingshorelines/index.html (go to "Plants and Vendors")

Pollinator Partnership

www.pollinator.org/

Pollinators, U.S. Fish & Wildlife Service www.fws.gov/pollinators/Index.html

Wild Ones Handbook Online-Landscaping with Native Plants, U. S. Environmental Protection Agency www.epa.gov/greenacres/wildones

WINGS: Essays on Invertebrate Conservation, Xerces Society www.xerces.org/wings-magazine/

Print:

Attracting Birds, Butterflies & Other Winged Wonders to Your Backyard, Kris Wetherbee, 2004

Bee Basics: An introduction to Our Native Bees, Beatriz Moissett and Stephen Buchmann, A USDA Forest Service and Pollinator Partnership Publication, 2011

Bringing Nature Home: How You Can Sustain Wildlife with Native Plants, Douglas W. Tallamy, 2009 (updated and expanded) http://bringingnaturehome.net/ nativegardening/gardening-for-life



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The Forgotten Pollinators, Stephen L. Buchmann and Gary Paul Nabhan, 1997

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Is Your Property Frequented by Deer?

It sounds odd to most people, but suburban landscapes can support more deer than wilderness areas. That is because deer are browsers that prefer edge habitat and rely on broadleaved plants, twigs, buds and nuts. Suburban yards produce a tremendous amount of edge habitat and desirable forage. With no predators and high fertility rates, the result is deer browse far above what our backyard plants—and the remaining plants in our natural areas—can sustain.

Until we can work to reduce deer numbers to the point where their browse will not be excessive, the best bet is to employ a mix of strategies to reduce deer impacts in your yard so that you can play host to native plants and the other wildlife they support.

To discourage browsing, you can first select plants that deer find less palatable, which include shiny and aromatic plants. Less preferred forest plants include ericaceous shrubs (Mountain Laurel, rhododendrons, blueberry bushes), American Holly, spring ephemeral wildflowers (bluebells, Spring Beauties), White Wood Aster, Jumpseed (*Persicaria virginiana*) and Christmas and other ferns.

Sun-loving plants include, among others, native grasses (Virginia Wild Rye, Purpletop, Indian Grass, Purple Lovegrass), eupatoriums (Joe-Pye Weed, Common Boneset, Purple Mistflower), tickseed sunflowers (*Bidens* spp.) and False Sunflower (*Heliopsis helianthoides*) and Prickly-pear Cactus. For the most part, deer also avoid eating asters and goldenrods, plants in the mint family (Hoary Mountain Mint, *Pycnanthemum muticum*, and Narrow-leaf Mountain Mint, *P. tenuifolium*) and blackberries.

Newly planted trees and shrubs may require enclosures to prevent browse on tender young shoots, or the planting of larger specimen trees. Fencing around your yard may be ineffective if it is less than eight feet. Repellents are another approach. Many people try variations of human hair, sweaty t-shirts, dog or coyote urine, home recipes usually made of peppers, or commercial sprays to minimize deer browse. Commercial sprays (based on putrescent egg solids), if reapplied regularly (usually monthly), are effective.

Remember that it is usually most effective to combine multiple deterrents with a diverse plant palette to increase success. For more information, consult: http://njaes.rutgers.edu/deerresistance/

http://extension.umd.edu/sites/default/files/_docs/articles/FS655-

ResistanceDeer.pdf

http://blandy.virginia.edu/arboretum/deer-resistant-plants



Northern Virginia Native Plant Demonstration Gardens

How Will NoVA Natives Look in My Garden?

Visiting a demonstration garden is a good way to get inspiration and guidance on how to incorporate new plants into your landscape.

There are many different types of demonstration gardens in our area. You will find gardens focused on pollinators, rainwater, urban settings, and more. A computer search will show you many options. The Audubon Society of Northern Virginia (ASNV) keeps a comprehensive listing on their website; search for "Local Northern Virginia Audubon at Home Demonstration Sites." You will find there regional, city and county parks hosting demonstration areas. You can also visit the many schoolyard gardens used for teaching the value of native plant ecosystem services.

In Vienna, Meadowlark Botanical Gardens has extensive woodland and meadow plantings with helpful signage. Fairfax County's Green Spring Gardens also has a native plant trail and hosts the local chapter of the Virginia Native Plant Society's propagation beds. Arlington's Potomac Overlook Regional Park shady native garden, maintained by Master Naturalists, and the Bon Air Park Sunny and Shade gardens, maintained by Master Gardeners, both offer year-round interest. The Nature Conservancy Headquarters near Ballston offers a native plant garden in a more urban setting. Prince William claims the Prince William Conservation Alliance's wildlife garden at Merrimac Farm's Wildlife Management Area, while the Loudoun Wildlife Conservancy promotes many Monarch Waystations throughout that county and maintains a valuable website. And of course our State Arboretum, Blandy, in Clark County, has woodland, meadow, and wetland plantings as well as extensive native tree offerings, and much more.

Happy visiting!

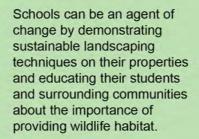
For more information about Northern Virginia's growing number of demonstration gardens, visit the Plant NoVA Natives website at www.plantnovanatives.org.

Kids and Native Plants



Many public and private schools are building wildlife habitats on school grounds to offer students a rich, hands-on experience with native Virginia plants and animals. Fairfax County Public Schools, for example, have over 80 schools with wildlife habitat, and the number is growing each year. These outdoor classrooms give students the opportunity to engage in authentic, problem-based learning efforts. Students work together to help plan, construct, and maintain the wildlife habitat, and see

that their everyday actions can make a difference in the health of the environment.





Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Page
erennials (Forbs)						
Achillea millefolium	Common Yarrow	1–3 ft		00	~ 36	
Actaea racemosa	Common Black Cohosh, Bugbane	4–6 ft	* *	0	* 1	
Ageratina altissima	White Snakeroot	1–5 ft		00	36	
Antennaria plantaginifolia	Plantain-leaved Pussytoes	0.5–1 ft	0.0	00	~ 1	
Aquilegia canadensis	Wild or Eastern Red Columbine	1–3 ft	* *	000	- 36 1	6
Aralia racemosa	Spikenard, American Spikenard	1.5-6.5 ft	* *	0		
Arisaema triphyllum	Common Jack-in-the-pulpit	1–3 ft	**	00	A	6
Aruncus dioicus	Goatsbeard (Eastern Goat's-beard)	3–8 ft		00	~ 36	6
Asarum canadense	Common Wild Ginger	4–8 in	* *	0	-	6
Asclepias incarnata	Swamp Milkweed	4–6 ft	O N	00	- 76 1	7
Asclepias tuberosa	Butterfly Weed	1–3 ft		00	~ 36	7
Baptisia australis	Blue Wild Indigo	up to 5 ft		00	*	7
Baptisia tinctoria	Yellow Wild-indigo	1–3 ft		0	~ 36	7
Caltha palustris	Marsh Marigold, Cowslip	1–2 ft		0	36	
Caulophyllum thalictroides	Blue Cohosh, Common Blue Cohosh	1–2.5 ft	0	0	36	
Chamaecrista fasciculata	Common Partridge Pea	0.5–3 ft		٥	~ * 1	
Chelone glabra	White Turtlehead	2–4 ft		66	~ * 1	8
Chrysogonum virginianum	Green and Gold	2–6 in		00	1	
Chrysopsis mariana	Maryland Golden-aster	0.5-2.5 ft		0	* A	
Claytonia virginica	Virginia Spring Beauty	4–12 in	*	0	36	8
Conoclinium coelestinum	Mistflower, Ageratum	1–3.5 ft	**	000	36	
Coreopsis verticillata	Whorled or Threadleaf Coreopsis	.5–3.5 ft	00	0	* 1	8
Dicentra cucullaria	Dutchman's Breeches	0.5–1 ft	* *	0	36 A	
Dicentra eximia	Wild Bleeding Heart	1–6 ft	* *	00	36	8
Erigeron pulchellus	Robin's Plantain	0.5–1.5 ft		00	- 36	
Eupatorium hyssopifolium	Hyssop-leaved Thoroughwort	1–4.5 ft		00	X 1	
Eupatorium perfoliatum	Boneset, Common Boneset	1–5 ft		00	36 A	

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Page
Perennials (Forbs)						
Eurybia divaricata	White Wood Aster	6 in-3.5 ft	**	00	W A	9
Euthamia graminifolia	Flat-top Goldenrod	3–6 ft	*	0	- X 1	
Eutrochium fistulosum	Hollow Joe-pye-weed	2–8 ft		00	~ * A	9
Fragaria virginiana	Wild Strawberry	up to 1 ft	0 0	00	- 36 1	9
Gentiana clausa	Bottle or Closed Gentian	1-3.5 ft		66	3.6	
Geranium maculatum	Wild or Spotted Geranium	.5–2.5 ft	* *	00	* 1	9
Helenium autumnale	Common Sneezeweed	1.5–6 ft	* * *	0	~ 36	
Helianthus angustifolius	Narrow-leaved Sunflower	3–6 ft		66	36	10
Helianthus divaricatus	Woodland or Spreading Sunflower	1.5–6.5 ft	N.	00	- 26 1	
Helianthus tuberosus	Jerusalem Artichoke	3–6 ft	* *	00	W 1	10
Heliopsis helianthoides	Oxeye, Smooth Oxeye, Oxeye Sunflower	1–5 ft	O O	0	W A	
Hepatica nobilis v. obtusa	Round-lobed Hepatica	0.5–2 ft	* *	00	36	
Heuchera americana	American Alumroot	1–5 ft	* *	66	36	10
Hibiscus moscheutos	Swamp or Eastern Rose-mallow	3–8 ft		00	36 1	10
Houstonia caerulea	Common Bluets, Azure Bluets, Quaker Ladies	0.5-1 ft	* *	0	~ * A	
Hypericum prolificum	Shrubby St. Johns-wort	1.5–8 ft		66	36	
Impatiens capensis	Orange or Spotted Jewelweed	1.5-5 ft	* *	00	36 1	
Iris cristata	Dwarf Crested Iris	.5–1.5 ft	* *	66	16 A	11
Iris virginica	Virginia or Southern Blueflag	1–2 ft	* *	0	3.5	
Jeffersonia diphylla	Twinleaf	0.5–1 ft	* *	6		
Liatris pilosa v. pilosa	Grass-leaf Blazing Star or Gayfeather	1-3.5 ft		6	36	11
Liatris scariosa	Large Blazing Star, Eastern Blazing Star	1-3.5 ft		66	3.6	11
Liatris spicata	Dense Blazing Star, Gayfeather, Blazing Star	3-6 ft		0	* 1	11
Liatris squarrosa	Scaly Blazing Star, Plains Blazing Star	1-3 ft	*	0	36	11
Lilium canadense	Canada Lily	1.5-6.5 ft		00	36	
Lilium superbum	Turk's-cap Lily	4–8 ft	* *	0	36 A	11
Lobelia cardinalis	Cardinal Flower	1–6 ft	○ (66	36 1	12

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Pag
Perennials (Forbs)						
Lobelia siphilitica	Great Blue Lobelia	1–5 ft		00	36 A	12
Maianthemum canadense	Canada Mayflower, False Lily-of-the-valley	0.5 ft		6	X	
Maianthemum racemosum	Eastern Solomon's-plume, False Solomon's-seal	1-4.5 ft	*	0	A	12
Mertensia virginica	Virginia Bluebell, Virginia Cowslip	.5–2.5 ft		6	36 A	12
Mimulus ringens	Square-stemmed or Allegheny Monkeyflower	1–3 ft		0	~ *	
Mitchella repens	Partridge-berry	1–4 in	* *	00	1	13
Monarda didyma	Scarlet Beebalm, Oswego Tea	2-4 ft	0.0	00	36 A	13
Monarda fistulosa	Wild Bergamot	1.5–5 ft	Ö O	00	- 11	
Monarda punctata	Spotted Beebalm		* * *	000	- 26 1	
Oenothera fruticosa	Narrow-leaf Evening Primrose or Sundrops	1–3 ft		0	X A	13
Opuntia humifusa	Eastern Prickly-pear	1–2.5 ft		6	- 761	13
Osmorhiza claytonii (or O. longistylis)	Sweet Cicely	1–3 ft	*	6	×	
Oxalis violacea	Violet Wood-sorrel	0.5 ft		66	16 A	
Packera aurea	Golden or Heartleaf Ragwort	1-4 ft		00	36	14
Peltandra virginica	Arrow Arum, Tuckahoe	2-3 ft		6	A	14
Penstemon digitalis	Beardtongue, Tall or White Foxglove	1.5 - 5 ft		66	36 A	14
Persicaria virginiana	Virginia Knotweed, Jumpseed	1.5–2 ft		0	36	
Phlox divaricata	Wild Blue or Woodland Phlox	.5–2 in	*	00	- * 1	14
Phlox maculata	Meadow Phlox, Wild Sweet William	1-3 ft	* * *	00		
Phlox paniculata	Fall or Garden Phlox	1.5-6.5 ft	*	0	- 26 1	
Phlox subulata	Moss Phlox, Moss Pink	0.5 ft		0	36	
Physostegia virginiana	Northern or Fall Obedient-plant	1.5–5 ft		00	36 A	
Podophyllum peltatum	Mayapple	.5–1.5 ft		00	36	15
Polemonium reptans	Spreading Jacob's Ladder, Greek Valerian	0.5-1.5 ft	* *	6	~ 36	
Polygonatum biflorum	Solomon's seal	0.5-6.5 ft		66	1	
Pycnanthemum incanum	Hoary Mountain-mint	3 ft		0	36 1	

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Page
erennials (Forbs)						
Pycnanthemum muticum	Clustered Mountain-mint	2-3 ft	Č X	000	36 A	
Pycnanthemum tenuifolium	Narrow-leaf or Slender Mountain-mint	1-4 ft	• •	000	36 A	15
Rhexia virginica	Virginia Meadow Beauty, Deergrass	1-3.5 ft	*	0	- 36	
Rudbeckia fulgida	Orange Coneflower	1–4 ft	* *	00	36 A	15
Rudbeckia hirta	Blackeyed Susan	2–3 ft		00	- 36 1	15
Rudbeckia laciniata	Cut-leaf, Common or Green-headed Coneflower	1.5–10 ft		000	- 36	15
Ruellia caroliniensis	Carolina or Common Wild-petunia	2-3 ft	* * *	00	~ 34	15
Salvia lyrata	Lyre-leaf Sage	1–2 ft		00	A	
Sanguinaria canadensis	Bloodroot	0.5 ft	* *	6		
Saururus cernuus	Lizard's-tail, Water-dragon	1.5-4.5 ft	* *	0	A	
Scutellaria integrifolia	Rough or Hyssop Skullcap, Helmet Flower	1–2.5 ft	* *	000	3.5	
Sedum ternatum	Wild or Woodland Stonecrop	2–8 in	*	66	3.5	16
Senna marilandica (Cassia m.)	Maryland or Southern Wild Senna	3–6.5 ft		66	* A	
Silene caroliniana	Wild or Northern Wild Pink	1.5–8 in	***	00	W A	16
Sisyrinchium angustifolium	Narrow-leaved Blue-eyed-grass	8–20 in		00	A	16
Solidago altissima	Tall Goldenrod, Late Goldenrod	3.5-6.5 ft	0 0	00	- 76 1	17
Solidago caesia	Blue-stemmed or Wreath Goldenrod	1–3.5 ft	* * *	66	- 36 1	17
Solidago flexicaulis	Zig-zag Goldenrod	0.5-3 ft	* *	00	- 36 1	17
Solidago juncea	Early Goldenrod	3–6 ft	* *	00	- 36 1	17
Solidago nemoralis	Gray, Dwarf, Old Field Goldenrod	0.5–3 ft	* *	0	- 36 1	17
Solidago odora	Sweet Goldenrod		* * *	66	36 A	17
Solidago rugosa	Rough-stemmed or Wrinkle-leaf Goldenrod	1–6.5 ft		00	- 36 1	17
Spiranthes cernua	Nodding Ladies' Tresses	0.5–2 ft	* *	00	*	
Stellaria pubera	Star, Giant or Great Chickweed, Common Starwort	0.5-1.5 ft	*	6	3.5	
Symphyotrichum cordifolium	Heart-leaved aster, Blue Wood Aster	3–6 ft		00	- 76 1	17
Symphyotrichum laeve	Smooth Blue Aster, Smooth Aster	3–6 ft	* *	6	- 11	17

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Pag
Perennials (Forbs)						
Symphyotrichum lateriflorum	Calico Aster			0	- 36	17
Symphyotrichum novae-angliae	New England Aster	3–6 ft		0	- 36 1	17
Symphyotrichum novi-belgii	New York Aster	1-4.5 ft	0 0	00	- 36 1	17
Thalictrum dioicum	Early Meadow Rue	1-2.5 ft	*	0		
Thalictrum pubescens (T. polygamum)	Common Tall Meadow Rue, King of the Meadow	1.5–9 ft		66	3.6	
Thalictrum thalictroides	Rue Anemone (Windflower)	0.5–1 ft	* *	00	36	
Tiarella cordifolia	Heart-leaved Foamflower, False Miterwort	0.5–1 ft	* *	0	1	16
Tradescantia virginiana	Virginia Spiderwort	1–3 ft		0	36	
Uvularia perfoliata	Perfoliate or Mealy Bellwort	0.5–2 ft	* *	6	3.6	
Verbena hastata	Blue, Common or Swamp Verbena	1.5–5 ft		00	26 1	
Verbesina alternifolia	Wingstem, Yellow Ironweed	3.5–8 ft	* * *	0	~ 36	
Vernonia noveboracensis	New York Ironweed	3–6 ft		00	1 1 A	18
Veronicastrum virginicum	Culver's-root	3–6.5 ft		00	3.6	
Viola cucullata	Marsh Blue Violet	0.5 ft	* * *	00	A	17
Viola labradorica (conspersa)	Dog Violet	1 ft		6	A	17
Viola pedata	Bird's-foot Violet	1 ft	0	00	- 36 1	17
Viola sagittata	Arrow-leaved Violet	1 ft	06	0		17
Viola striata	Striped Violet, Cream Violet	1 ft	1	00	1	17
Yucca filamentosa	Common Yucca, Adam's Needle	1-6.5 ft		۵	- 36 1	18
Zizia aurea	Golden-alexanders	1–3 ft	× *	00	~ *	18
erns						
Adiantum pedatum	Northern Maidenhair Fern	.5–2 ft	* *	0		19
Asplenium platyneuron	Ebony Spleenwort	0.5–1.5 ft		0		
Athyrium asplenioides	Southern Lady Fern	1–3 ft	* *	0		
Dryopteris carthusiana	Spinulose Wood Fern	1–2.5 ft	* *	00		
Dryopteris intermedia	Evergreen or Intermediate Wood Fern	1–3 ft	* *	000		
Dryopteris marginalis	Marginal Wood Fern, Evergreen Shield Fern	1-3 ft	1	66		

Little Bluestem

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Pag
Ferns						
Matteuccia struthiopteris	Ostrich Fern	1–3 ft	**	00		19
Onoclea sensibilis	Sensitive Fern, Bead Fern	1–3.5 ft	○ ¥ *	66	-	
Osmunda claytoniana	Interrupted Fern	1–4 ft	* *	6	-	
Osmunda spectabilis	Royal Fern	1.5–6 ft		00	-	
Osmundastrum cinnamomeum	Cinnamon Fern	3–4 ft	* * *	00	_	1
Parathelypteris noveaboracensis	New York Fern	1.5–3 ft		000		
Polystichum acrostichoides	Christmas Fern	1–3 ft	* *	00	1	19
Pteridium aquilinum	Bracken Fern	1.5–4 ft	* *	000	_	
Thelypteris palustris	Marsh Fern	2-3 ft	* •	00	-	
Grasses, Sedges, and Rush	es					
Andropogon virginicus	Broomsedge, Broomstraw, Sedge Grass	1–3 ft	*	000	* 1	
Carex laxiculmis	Creeping Sedge	.5–1 ft	* *	00		
Carex pensylvanica	Pennsylvania Sedge	.5–1 ft	* * *	00	1	20
Carex plantaginea	Seersucker or Plaintain-leaved Sedge	.5–1 ft	* *	0	~ 1	20
Carex platyphylla	Broadleaf Sedge	.5–1 ft	* *	00		20
Carex stricta	Tussock Sedge, Upright Sedge	1–3.5 ft		66	- 26 1	
Danthonia spicata	Poverty Oat Grass		* * *	6	~	
Dichanthelium clandestinum	Deer-tongue Grass	2-5 ft		00	- W A	
Elymus hystrix	Bottlebrush Grass	2-4 ft		00	~ %	2
Elymus virginicus	Virginia Wild Rye	1–5.5 ft		00	X 1	
Eragrostis spectabilis	Purple Love Grass	.5–1.5 ft		00	- * 1	2
Juncus effusus	Common Rush, Soft Rush	1-4 ft	* (00	A	
Muhlenbergia capillaris	Muhly Grass	1–3.8 ft	* *	00		2
Panicum virgatum	Switchgrass	3–5 ft		000	- A	
Saccharum giganteum (Erianthus giganteus)	Giant Plumegrass, Sugarcane Plumegrass	3.5–10 ft		00	~	
2.44	. Lini malicono de	42.61	100 Feb.	A		_

1.5-4 ft

Schizachyrium scoparium

21

Latin Name Grasses, Sedges, and Rush	Common Name	Height	Sun	Moisture	Wildlife	Page
Scirpus cyperinus	Woolgrass Bulrush	4–5 ft		000	~ /	1
Sorghastrum nutans	Indian Grass	1.5-8.5 ft		00	- 21	21
Tridens flavus	Purpletop, Tall Redtop	2-6.5 ft	0 0	00	- 1	
Zizania aquatica	Southern Wild Rice	6–10 ft		00	~ 1	
/ines						
Bignonia capreolata	Cross-vine	20-35 ft		000	* 1	
Clematis virginiana	Virgin's Bower	12–15 ft		00	* 1	22
Clitoria mariana	Butterfly Pea, Maryland Butterfly Pea	6 ft	0.0	0	1	
Lonicera sempervirens	Trumpet or Coral Honeysuckle	3–20 ft		6	- 26 1	22
Passiflora incarnata	Purple Passionflower, Maypop	12–36 ft		66	~ 36	22
Passiflora lutea	Yellow Passionflower	12-36 ft		6	~ *	
Wisteria frutescens	American Wisteria	25–30 ft		6	- 36	22
Shrubs						
Alnus serrulata	Smooth or Hazel Alder	12–20 ft	*	00	1	
Amorpha fruticosa	False Indigo	6–13 ft	*	00	- *	23
Aronia arbutifolia	Red Chokeberry	6-12 ft		000	W 1	23
Aronia melanocarpa (Photinia melanocarpa)	Black Chokeberry	3–6 ft	* *	000	*/	
Baccharis halimifolia	High Tide Bush, Groundsel Tree, Mullet Bush	6-12 ft		000	3.6	
Castanea pumila	Allegheny Chinquapin	10-20 ft	* *	0	- 1	
Ceanothus americanus	New Jersey Tea, Redroot	3 ft		0	- 36 1	
Cephalanthus occidentalis	Buttonbush	6–12 ft		00	X	23
Comus amomum	Silky Dogwood	6–12 ft		00	1	
Crataegus crus-galli	Cockspur Hawthorn	20-35 ft		00	- 1	
Eubotrys racemosa	Fetterbush, Swamp Doghobble	4–6 ft	* *	00		
Euonymus americanus (Leveothoe racemosa)	Strawberry-bush, Heart's-a-bustin'	6–10 ft	* * *	00	1	23
Gaylussacia baccata	Black Huckleberry	1.5–3 ft	**	000	*	

Native Plants for Northern Virginia

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	Page
Shrubs						
Hamamelis virginiana	Witch Hazel	10–15 ft		(b)		24
Hydrangea arborescens	Wild Hydrangea, Smooth Hydrangea	3–6 ft	* *	00	~	24
Hypericum prolificum	Shrubby St. John's Wort	1–3 ft	*	60	3.5	
llex decidua	Deciduous Holly, Possum-haw	12-36 ft		6	16 A	
llex verticillata	Winterberry, Winterberry Holly	3–10 ft		00	- 7	24
Itea virginica	Virginia Sweetspire	3–8 ft	○ ※ ※	000	1 × 1	24
Kalmia latifolia	Mountain Laurel	5–15 ft		000	36	25
Lindera benzoin	Spicebush	6–16 ft	*	6	- * 1	25
Physocarpus opulifolius	Ninebark	3–10 ft	O (1 *	00		25
Rhododendron maximum	Great Rhododendron	15–20 ft	* *	00	* 1	
Rhododendron periclymenoides	Wild Azalea, Pinxter Azalea	6–12 ft	0 1	00	- 261	25
Rhododendron viscosum	Swamp Azalea	6.5–10 ft	* *	66	- 21	
Rhus aromatica	Fragrant sumac	2-6 ft	* *	0	X 1	
Rhus copallinum	Winged, Shining or Flameleaf Sumac	3–20 ft		0	W 1	
Rhus glabra	Smooth Sumac	2-20 ft		00	- 26 1	
Rosa carolina	Carolina Rose, Pasture Rose	1–6.5 ft	00	66	26 1	26
Rosa palustris	Swamp Rose	3–8 ft		00	- W.	
Sambucus canadensis	Common Elderberry	6–12 ft	00	000	- 71	26
Staphylea trifolia	Bladdernut	3–15 ft		000		
Vaccinium corymbosum	Highbush or Northern Highbush Blueberry	6–12 ft		000	W 1	
Vaccinium pallidum	Early Lowbush or Blue Ridge Blueberry	1.5–2 ft	*	66	26 1	26
Viburnum acerifolium	Maple-leaved Viburnum, Dockmackie	4–6 ft	· (* *	000	- 26 1	26
Viburnum dentatum	Arrowwood, Southern Arrowwood Viburnum	10–15 ft		666	- 1	
Viburnum nudum	Possum-haw Viburnum, Southern Wild Raisin	6.5–20 ft		00	1	
Viburnum prunifolium	Blackhaw Viburnum, Nannyberry	12-24 ft	** ** **	000	- 761	



Latin Name rees	Common Name	Height	Sun	Moisture	Wildlife	Page
Acer rubrum	Red Maple	40-100 ft		000	- /	
Amelanchier arborea	Downy Serviceberry, Juneberry, Shadbush	15–25 ft		66	~ /	
Amelanchier canadensis	Canada Serviceberry, Juneberry	15–30 ft		6	- 74	27
Aralia spinosa	Devil's Walking-stick, Hercules club	20-30 ft	*	66	14	
Asimina triloba	Pawpaw, Common Pawpaw	10-40 ft		6	~ /	27
Betula nigra	River Birch	30–50 ft		00	~ 1	27
Carpinus caroliniana	American Hornbeam, Ironwood	35–50 ft	*	000	~ 1	27
Carya cordiformis	Bitternut Hickory	60-100 ft		00	- 1	
Carya glabra	Pignut Hickory	60-100 ft	0 0	000	- 36 1	
Carya tomentosa	Mockernut Hickory	60-100 ft		66	1	
Celtis occidentalis	Common Hackberry	40-100 ft	U U W	666	~ 1	
Cercis canadensis	Eastern Redbud	20-35 ft		000	- * 1	
Chionanthus virginicus	Fringe Tree, Old Man's Beard	10-35 ft		66	A	
Cornus florida	Flowering Dogwood	20-50 ft	E06	66	~ * 1	
Diospyros virginiana	Common or American Persimmon	15-100 ft	* * *	66	- 14	28
Fagus grandifolia	American Beech	50-100 ft	* * *	0	~	
Ilex opaca	American Holly	25-60 ft	0 0 0	00	~ 36	28
Juniperus virginiana	Eastern Redcedar	30-40 ft	0.0	00	~ 76 1	28
Liquidambar styraciflua	Sweetgum	60-100 ft	* *	00	- 1	
Liriodendron tulipifera	Tulip-tree, Tulip-poplar, Yellow Poplar	70–100 ft		6	W 1	
Magnolia virginiana	Sweetbay Magnolia, Swamp Magnolia	12-30 ft	(1)	00	- 11	28
Morella cerifera	Wax Myrtle, Southern Bayberry	6–15 ft		000	A	
Nyssa sylvatica	Sour Gum, Black Gum, Tupelo	30–60 ft		000	W A	29
Pinus echinata	Shortleaf Pine	50-130 ft		00	- 36 1	29
Pinus rigida	Pitch Pine	50-75 ft		0	1	
Pinus taeda	Loblolly Pine	70–90 ft			~ * 1	
Pinus virginiana	Virginia Pine, Scrub Pine	50-80 ft		00	A	

Latin Name	Common Name	Height	Sun	Moisture	Wildlife	e Page
rees						
Prunus americana	American Wild Plum	20–35 ft		00	~ *	
Prunus angustifolia	Chickasaw Plum	12–36 ft	* *	0	3.5	1
Quercus alba	White Oak	40–100 ft	* *	66	-	29
Quercus bicolor	Swamp White Oak	60–100 ft		000	~	A
Quercus coccinea	Scarlet Oak	40–75 ft		66	~	1
Quercus falcata	Southern Red Oak, Spanish Oak	70–80 ft		66	~	A
Quercus marilandica	Blackjack Oak	35–50 ft	* 1	0		A
Quercus michauxii	Swamp Chestnut Oak, Basket Oak	50–80 ft		00	_	A Comment
Quercus montana (Quercus prinus)	Chestnut Oak, Rock Chestnut Oak	40–80 ft		00		4
Quercus muehlenbergii	Chinquapin, Chinkapin or Yellow Oak	35–50 ft		66	~	A
Quercus palustris	Pin Oak	50-80 ft		66	~	
Quercus phellos	Willow Oak	80–100 ft	* *	66	~	
Quercus rubra	Northern Red Oak	90 ft		00	~	
Quercus stellata	Post Oak	40-50 ft		6	~	
Quercus velutina	Black Oak	75–100 ft		00	_	
Salix nigra	Black Willow	35–50 ft		00		1
Sassafras albidum	Sassafras	35–50 ft		00	~ *	A.
Taxodium distichum	Baldcypress	up to 100 ft		00		29

Planning to hire a landscaper?



The Chesapeake Bay Landscape Professional (CBLP) Certification is a new, voluntary credential system for professionals who design, install, and maintain sustainable landscapes.

Find out more about this new certification program, and view a business directory of certified professionals at https://cblpro.org/.



Invasives of Particular Concern in Northern Virginia

Invasive, non-native plants do not provide the same ecosystem services as natives and have a harmful effect on our environment, not only in the suburban community but also in our forests, parks, and other natural areas.

Please do not plant these non-native, invasive species and consider removing them from the landscape. Volunteers and natural resource management staff spend many hours and resources to mitigate the spread and the consequences of these and other invasive species. Although there are many non-native plant species that invade our natural areas, the plants listed below are particularly problematic because they are still available in the trade and are sold and planted throughout the region. Consider planting one of the natives listed here as an alternative to these plants.

Acer platanoides . Norway Maple

NoVA Native Alternatives: Acer rubrum, Red Maple; Quercus spp., Oaks; Tilia americana. Basswood

Akebia quinata . Chocolate Vine or Five-leaf Akebia

NoVA Native Alternatives: Gelsemium sempervirens, Carolina or Yellow Jessamine; Lonicera sempervirens, Trumpet or Coral Honeysuckle; Bignonia capreolata, Crossvine

Ampelopsis brevipedunculata . Porcelain-Berry

NoVA Native Alternatives: See alternatives listed above for Akebia

Berberis thunbergii . Japanese Barberry

NoVA Native Alternatives: Ilex glabra, Inkberry Holly; Ilex verticillata, Winterberry Holly; Viburnum dentatum, Arrowwood Viburnum; Itea virginica, Virginia Sweetspire

Phyllostachys aurea • Golden Bamboo, Fishpole Bamboo, Walking Stick Bamboo

NoVA Native Alternatives: Juniperus virginiana, Eastern Redcedar

Humulus lupulus 'Aureus' . Golden Hops Vine

NoVA Native Alternatives: See alternatives listed above for Akebia

Liriope muscari • Liriope

NoVA Native Alternatives: Carex pensylvanica and flaccosperma, Pennsylvania and Blue Wood Sedge; Elymus virginicus, Virginia Wildrye and Elymus hystrix, Bottlebrush Grass

Miscanthus sinensis . Miscanthus

NoVA Native Alternatives: Schizachyrium scoparium, Little Bluestem



English Ivy will outcompete almost any herbaceous species and create large monoculture mats in the yard and forest. It is an aggressive climbing vine and can reach the canopy and cause premature tree death. Invasive insects, such as the Gypsy Moth, are able to hide from predators under the leaves, and dampness encourages mosquitos to breed in it. Avoid all species of Hedera including Hedera helix varieties and Hedera hibernica -Atlantic Ivy. Pyrus calleryana • Bradford Pear NoVA Native Alternatives: Amelanchier spp., serviceberries; Crataegus spp., hawthorns; Cercis canadensis, Redbud; Cornus florida, Dogwood

Hedera helix . English lvy

NoVA Native Alternatives: Parthenocissus quinquefolia, Virginia Creeper; Packera aurea, Golden Ragwort; Ferns; Creeping Phloxes; Asarum canadense, Wild Ginger

Euonymous alatus • Burning Bush NoVA Native Alternatives: Vaccinium spp., Blueberries; Viburnum spp.; Itea virginica,

Virginia Sweetspire

Euonymus fortunei • Wintercreeper NoVA Native Alternatives: see English Ivy above.

Lonicera japonica • Japanese (Hall's) Honeysuckle

NoVA Native Alternatives: Lonicera sempervirens, Trumpet Honeysuckle; Gelsemium sempervirens, Yellow Jessamine; Bignonia capreolata, Crossvine

Wisteria floribunda and Wisteria sinensis NoVA Native Alternatives: Wisteria

frutescens, American Wisteria

Learn More About Invasive Plants

Department of Conservation and Recreation, Division of Natural Heritage: www.dcr.virginia.gov/natural heritage/invspfactsheets.shtml

USDA National Invasive Species Information Center: www.invasivespeciesinfo.gov/plants/main.shtml

Center for Invasive Species and Ecosystem Health: www.invasive.org/species/weeds.cfm

Mistaken Identity-Invasive Plants and Their Native Look-Alikes (pub): ftp://ftp-fc.sc.egov.usda.gov/DE/publications/Mistaken Identity Final.pdf





www.plantnovanatives.org

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